

Another Trip Around the Sun

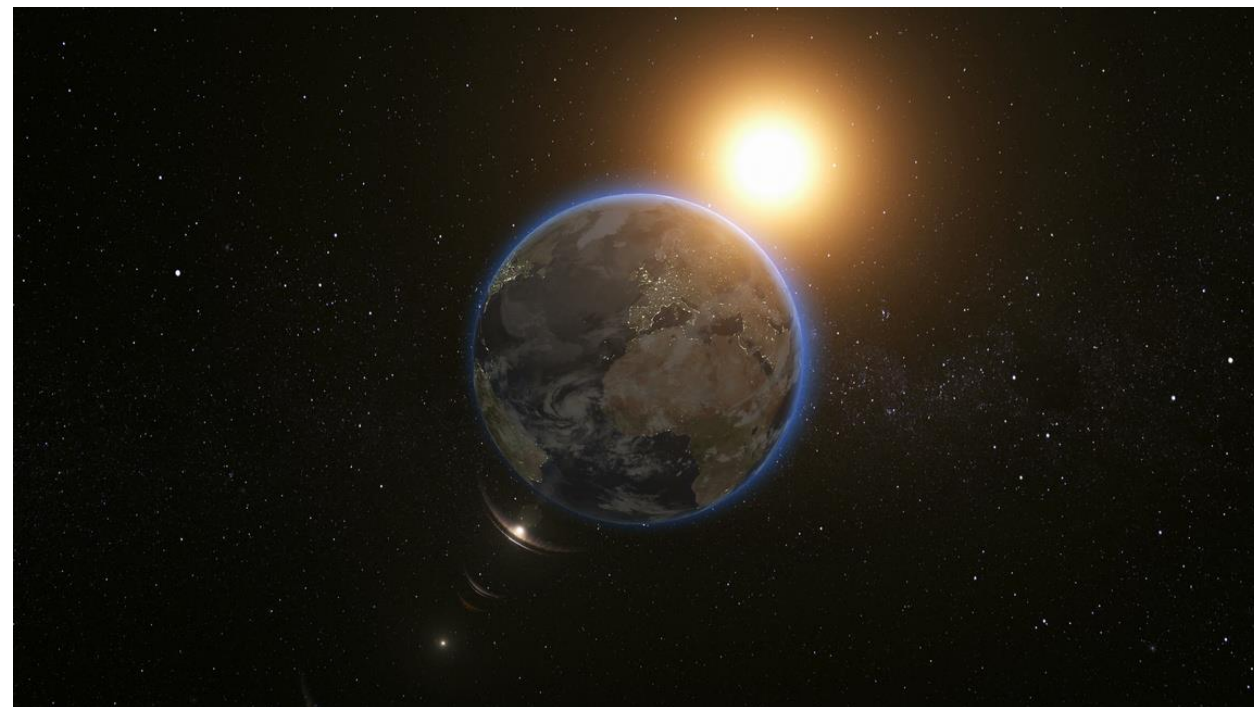


**Signpost and Signals
in Solar Returns**

What is a Solar Return?

The solar return chart is the moment, each year, when the Sun returns to the same zodiacal sign and degrees as when you were born.

It is the moment we find ourselves embarking on another trip of discovery and connections.



The Solar Return Chart can be a like a weather report for the next year



My assistant for today



Casey Donovan

Solar Signposts

The Sun is always in the same sign but rotates clockwise through the houses of the chart

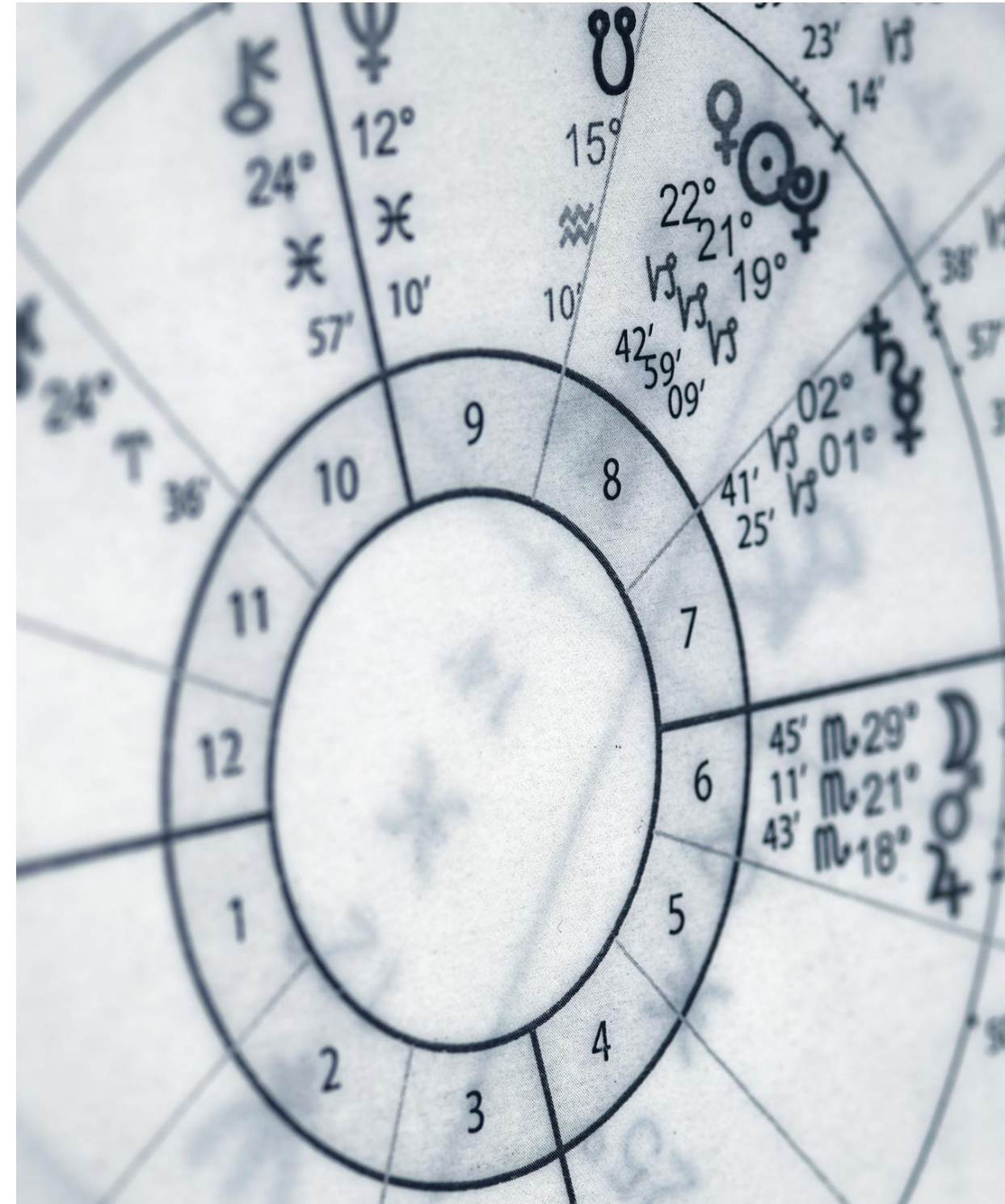
The Sun will move through each mode of house for 10 to 11 years then slip into the next mode before repeating to pattern but the pattern will depend on the natal house of the Sun

The Sun will move from the
Angular Houses (1-4-7-10)
to Succedent House (2-5-8-11)
then Cadent Houses (3-6-9-12)

Then cycle then repeats.....

Casey's Sun House Placements

- Birth 9th House Cadent
- SR 1 6th House Cadent
- SR 2 3rd House Cadent
- SR 3 1st House **Angular**
- SR 4 9th House Cadent
- SR 5 6th House Cadent
- SR 6 4th House **Angular**
- SR 7 1st House **Angular**
- SR 8 10th House **Angular**
- SR 9 7th House **Angular**
- SR 10 4th House **Angular**





The Moon

Moves about a trine each year following the elements.
Casey's birth Moon is **Aries** in the element of Fire.

This is followed by **Earth Moons** - Virgo, Capricorn, Taurus then moving on the **Air** Libra, Aquarius and Gemini then into the **Water** signs beginning with Scorpio, Pisces (skipping Cancer) then back to **Fire** so into Leo, Sagittarius and back to Aries.

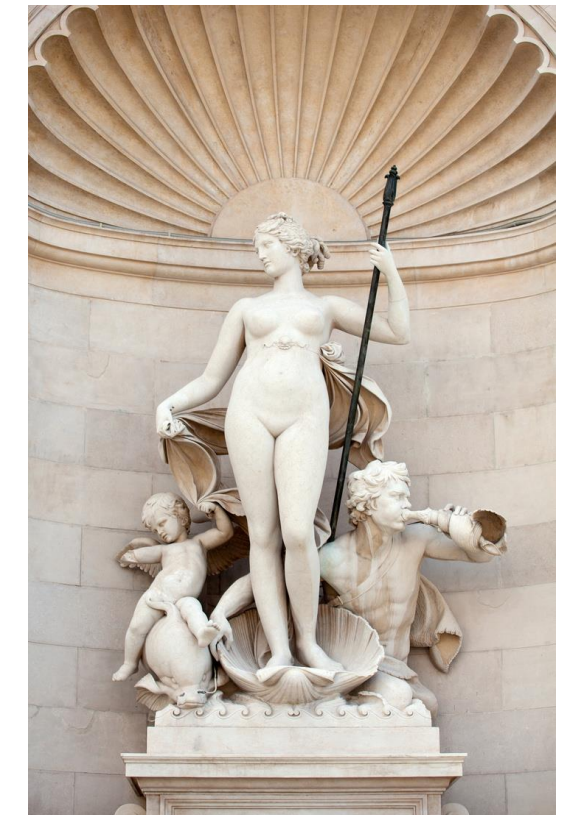
The first time Casey experiences a Cancer SR Moon is in 2005.

At the age of 19 the Moon will begin to repeat the sequence of placements through the elements.
The movement of the Moon is counterclockwise moving at the most 3 houses per year.



Mercury is retrograde around every 6th solar return and has only 6 placements in Solar Returns due to proximity to the Sun. Rx is a time to be a little more introspective. What sign is it in and what house will give you clues for how Mercury will operate for the year.

Venus only has 8 placements within Solar Returns so 8 consecutive returns show these placements. One placement is usually retrograde. The Rx year can be a time of adjusting your own values and your genuine quality of life and relationships.



Mars moves through the elements and will retrograde and change sign.

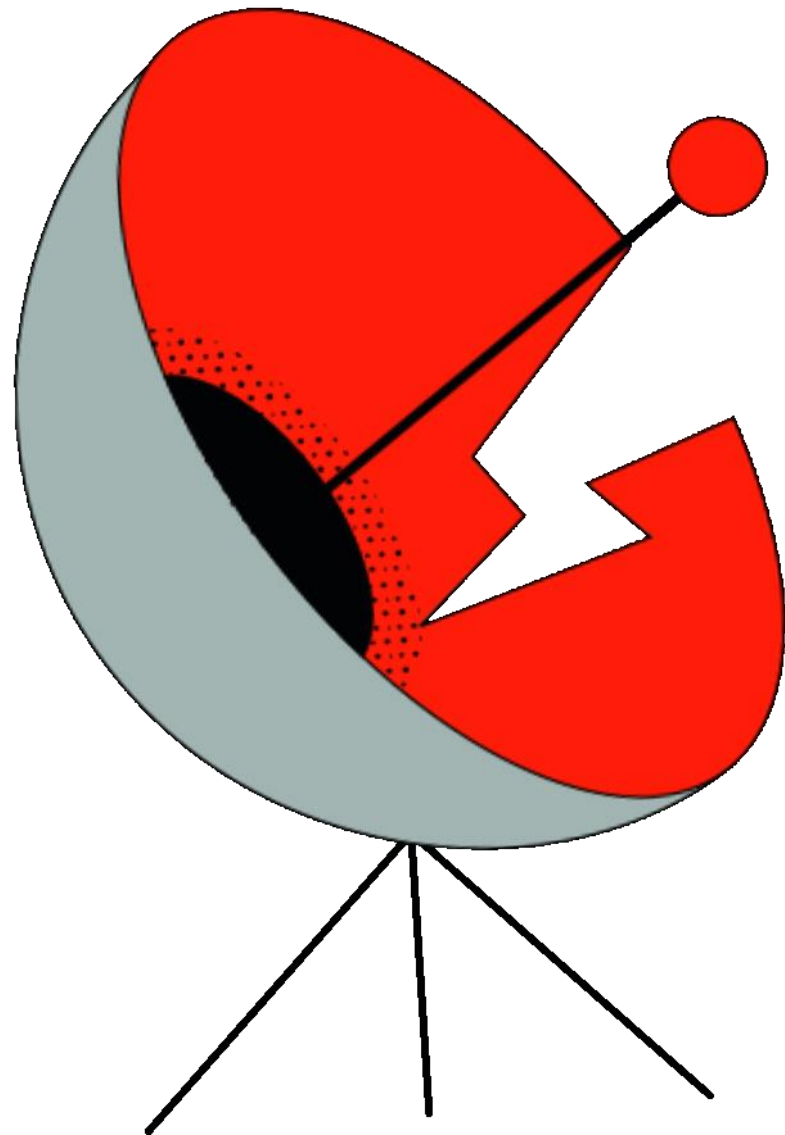
Jupiter has a 12-month movement through the signs so will change signs and may retrograde or turn direct.

Saturn may change sign depending on the natal degree and direct or retrograde movement.

Uranus, Neptune and Pluto are less like to change sign but check for retrograde or direct movement.



The signals



Start with the big picture...just like a natal chart

Hemisphere emphasis

- **Above the Horizon** (South) the focus will be on external events – a functioning year and a time to be objective.
- **Below the Horizon** (North) the focus is your own reactions and internal process – more subjective possibly seeking some ‘time out’, being more introspective.
- **East** - a need to make your own decisions on major issues and you will have opportunities to exercise your free will.
- **West** – you will have less control over situations and relationships and accept other’s choices and roll with what this brings. Others will play an important role in your life.

House Emphasis

Houses 12- 3 more about personal matters, your needs and activities

Houses 4-7 – about relationships and interactions

Houses 8-11 – focus on career development, travel, status or group/ business involvement

Angular Houses 1-4- 7- 10 new projects, relationships, you gain attention especially if Moon or Sun angular. Could be too much activity with lots to do and accomplish.

Succedent Houses 2-5-8-11: completion of projects begun before SR. Taking on responsibility that may give rise to a new level of maturity or perhaps staying in situations that are no longer rewarding.

Cadent Houses 3- 6-9- 12 a year of change and mental activity plus interaction with others. A time to be flexible and adaptable but don't make too many changes.

The Angles or The Cross of Matter

Cardinal on the 4 angles much activity and more physical than normal – energy to accomplish.

Fixed on all 4 angles more introspective year, not as active, financial concerns and may need to be motivated to make things happen.

Mutable on all 4 angles shows involvement with others, communication is important with possible travel and restlessness both mental and physical.

Stellium of 5 or more planets in any house shows a very strong focus on the affairs of that house for the year ahead.

Interception: If two signs are contained within two opposing houses these are intercepted. This means that neither sign is on a house Cusp and are completely contained within a house. It may be more difficult to access this energy during the year. When interpreting this also consider the two Houses with the same sign on the cusp the ruling planet and their placement in the chart.

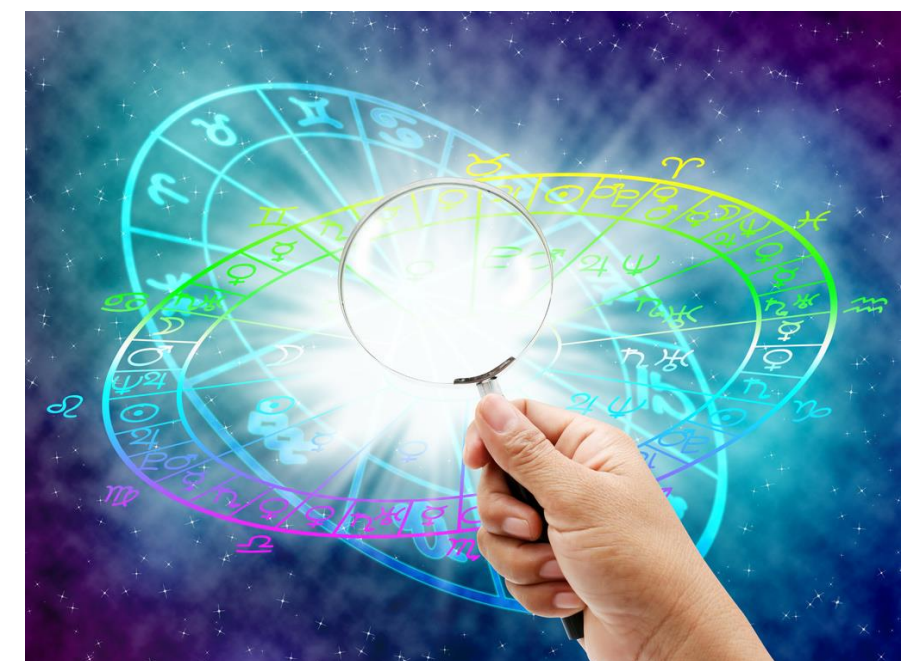
Solar Return Chart

- The house where the Sun is located throws a spotlight on the associated areas of life for the year bringing activity, reenergisation and growth.
- If the Sun sign is not on the cusp of the house where it is placed, then the energy works out within the framework of the sign on the cusp.
- The House with Leo on the cusp is where that energy is being applied for the year.
- Any aspect between the Sun and the ruling planet of the house cusp shows ease or difficulty in working through what may come.
- Which natal house comes to the SR Ascendant? This house and its ruler both natal and solar show other areas of activity and conditions that are being spotlighted.

What else to consider in your interpretation

- Where is the ruling planet of the Ascendant and what sign is it in? This shows where it is functioning during the year.
- The balance of elements and modes in the chart so there is awareness of these throughout the year.
- What is the lunation phase of the SR Chart?
- Does the SR chart have any major aspect patterns? T-Squares, Grand trine etc
- Does the SR chart have a chart shape? Bucket, Splay, See Saw etc?

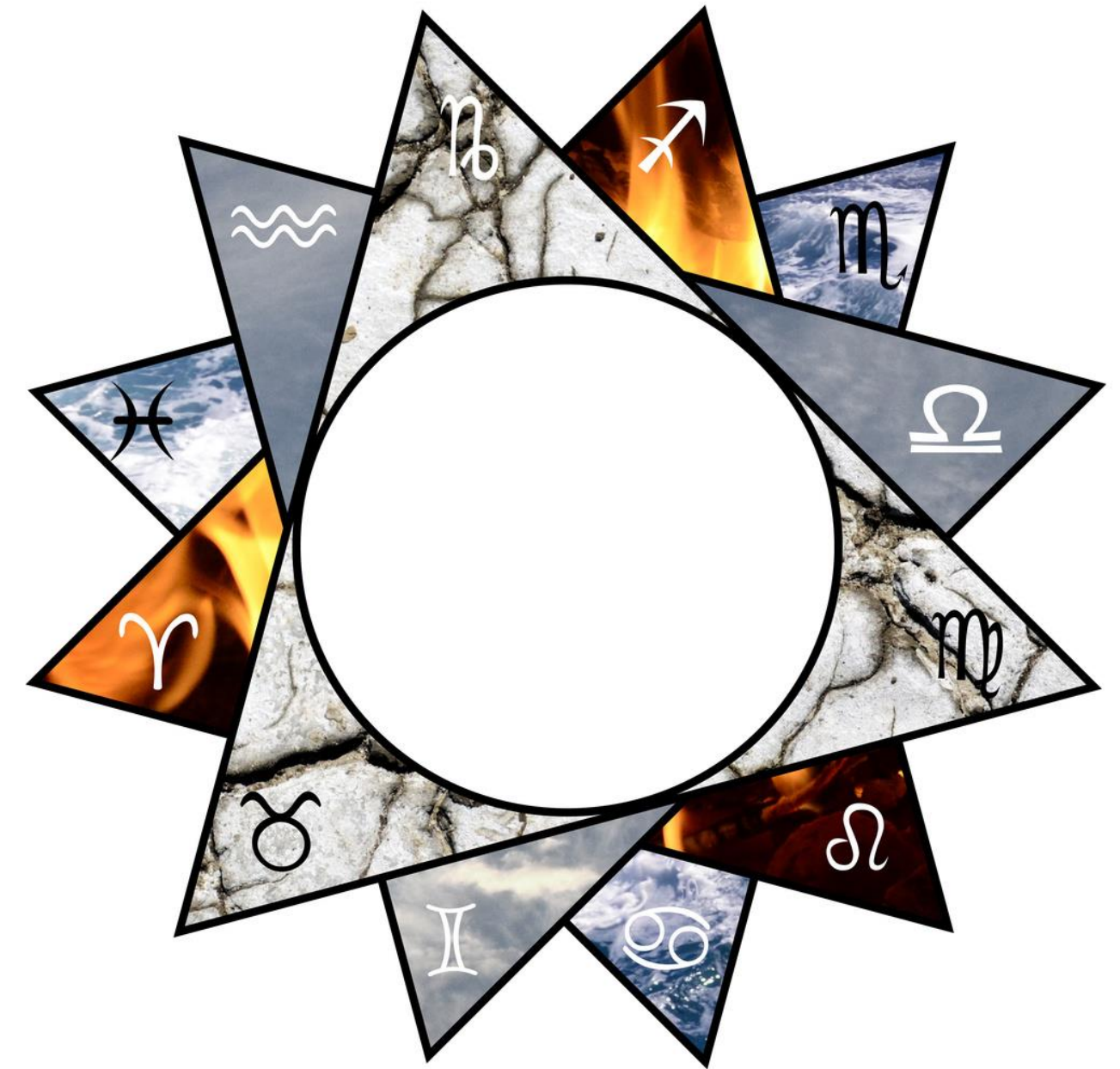
- What sign is on the MC? Where does the SR MC fall in the natal chart?
- Consider each planet by house and sign then where does the solar return planet fall in the natal chart?
- What planets are retrograde? Have any outer planets turned direct?
- Do any SR planets make strong aspects to natal planets or points?
- Are any SR planet conjunct and natal angles?



Critical Degrees

Critical degrees of the zodiac are considered to be sensitive and often strengthened, emphasised and more powerful in charts.

- 0, 13, and 26 degrees of the Cardinal signs (Aries, Cancer, Libra, and Capricorn)
- 8-9 and 21-22 degrees of Fixed signs (Taurus, Leo, Scorpio, and Aquarius)
- 4 and 17 degrees of Mutable signs (Gemini, Virgo, Sagittarius, and Pisces).



Casey when she won Australian Idol



Casey Donovan 2004

Natal Chart

13 May 2004, Thu

9:47:15 am AEST -10:00

Sydney, Australia

33°S52' 151°E13'

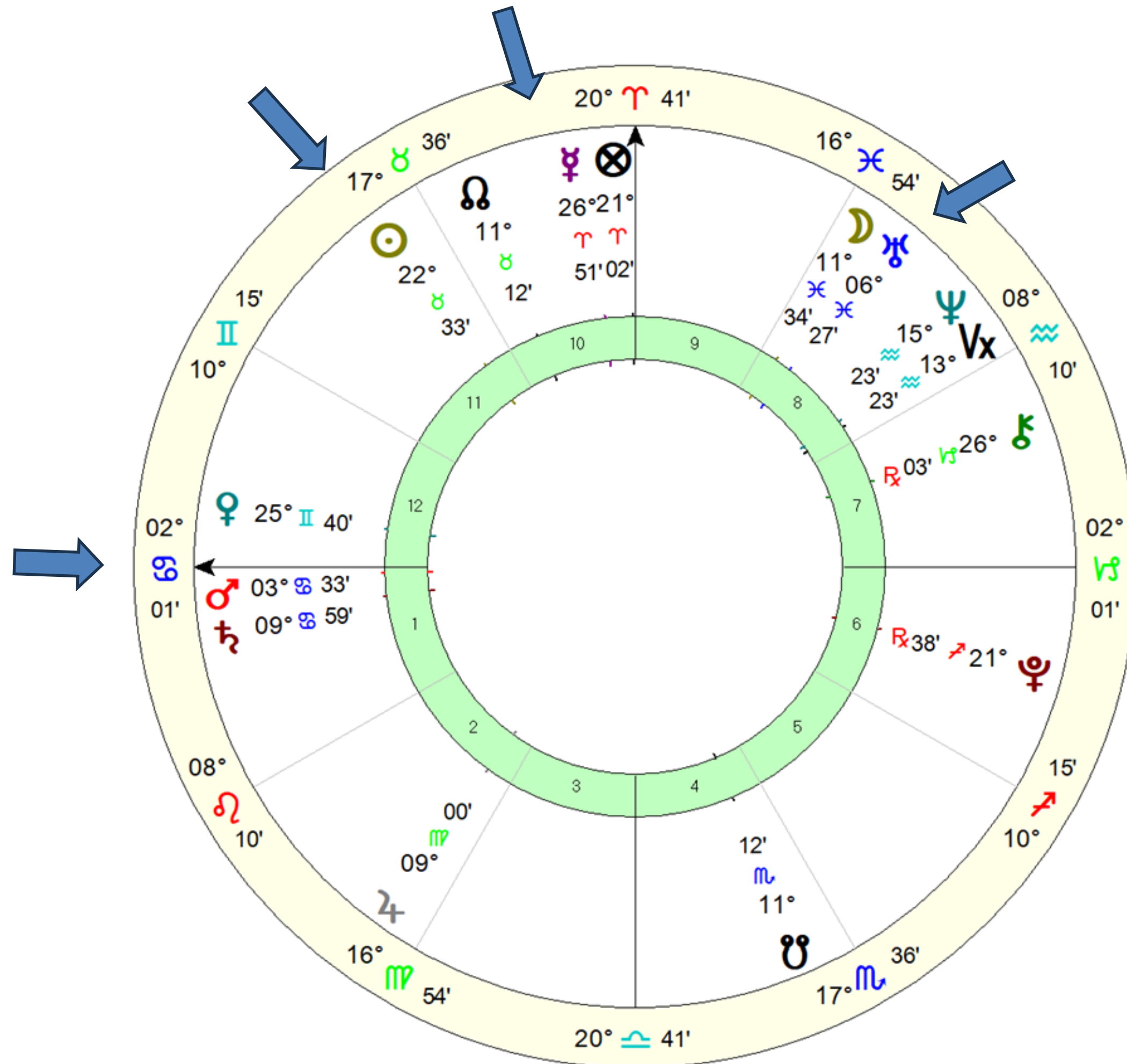
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Tropical

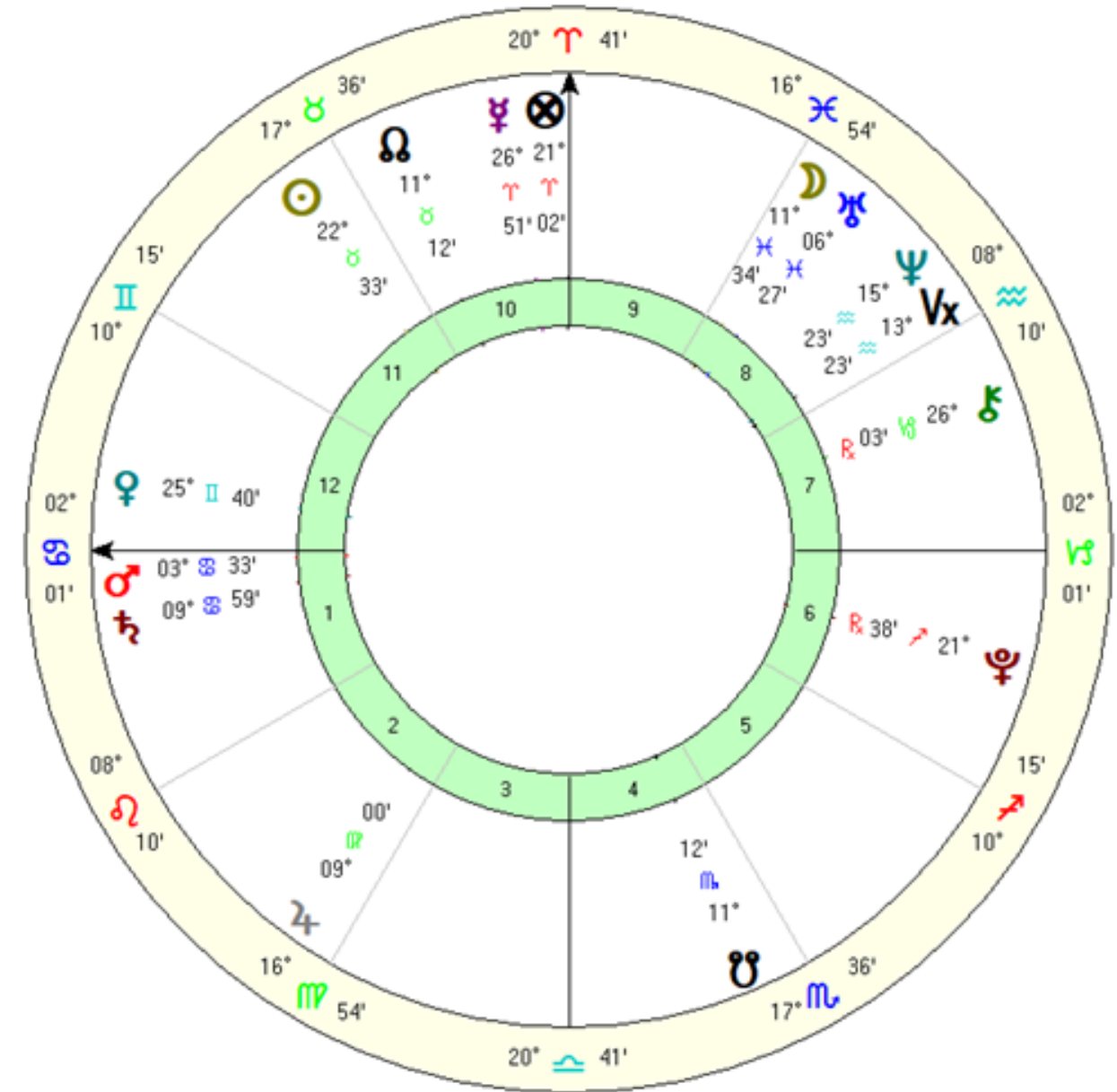
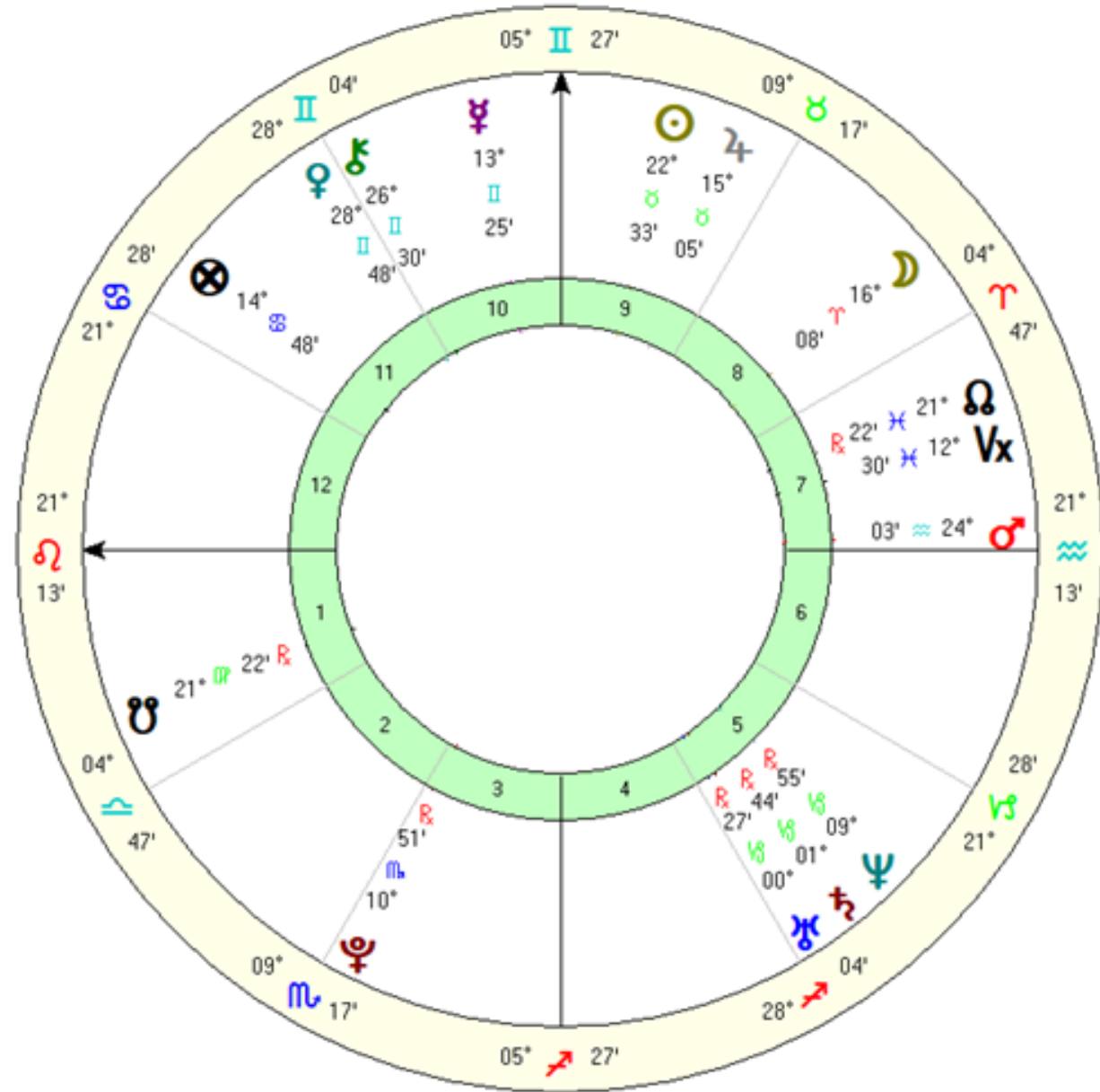
Placidus

True Node

Rating: B



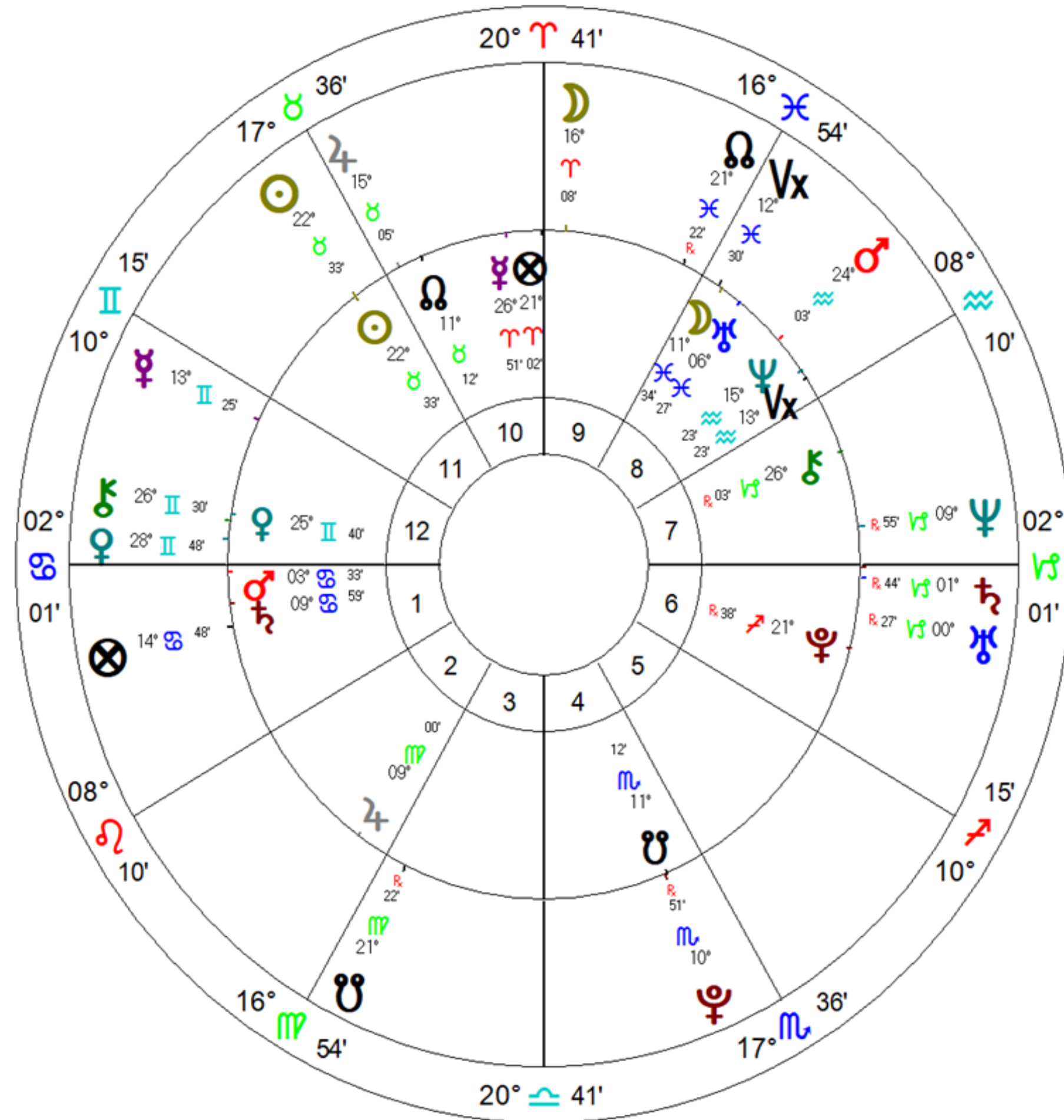
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 Placidus
 Tropical
 Geocentric
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 Sydney, Australia
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 13 May 1988, Fri
 Female Chart
Casey Donovan
 Bottom Left



Upper Right
Casey Donovan 2004
 Natal Chart
 13 May 2004, Thu
 9:47:15 am AEST -10:00
 Sydney, Australia
 33°S52' 151°E13'
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Inner Wheel
Casey Donovan 2004
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Outer Wheel
Casey Donovan
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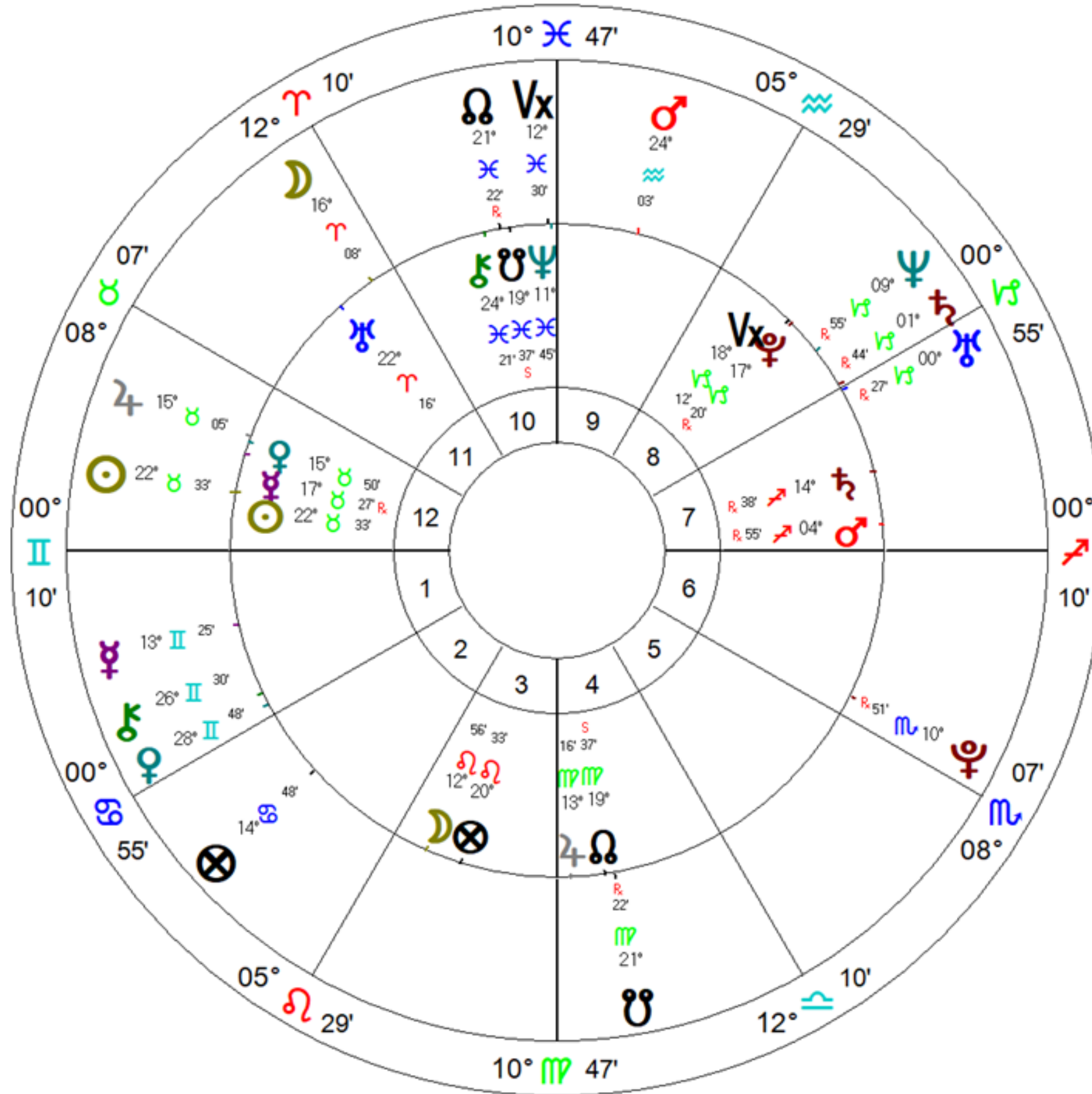
Synastry Grid

	☾	☼	♀	♂	♃	♄	♅	♆	♇	♈	♉	♊	♋	♌	♍	♎	♏	♐	♑	♒	♓	Ds	Ax	
☾			☐ 1A51					✕ 1S38	△ 0S42						♂ 0A56	△ 3A13							♂ 0A56	
☼		♂ 0S00			☐ 1A29										✕ 2S26	△ 2S26						☐ 1S20		
♀				✕ 1A57	✕ 2S47		△ 4A53	△ 3A36					✕ 0S20				∠ 0A39						☐ 0A39	
♂				♂ 3A08	△ 1S36			♂ 4A46		☐ 0A11	♂ 0A49											△ 4S27		
♃				♂ 4S45				♂ 1S49	♂ 3S06															
♄			☐ 4A24							△ 0A55	✕ 1A51						♂ 3A30						♂ 3A30	
♅					☐ 0S56					♂ 0S03	△ 0A52						△ 2A31	♂ 4A48					✕ 2A31	
♆											△ 4A24													
♇	✕ 0A45		△ 1S57			☐ 0S17		∠ 0A04			☐ 4S31										♂ 0S34		♂ 2S52	
♈		♂ 0S55			✕ 2S24								♂ 4S51	☐ 1A31	☐ 1A31								✕ 0A25	
♉		△ 3A29		♂ 2S45									♂ 0S26											
♊						♂ 4S26				△ 0A43	♂ 0S12	∠ 0S50					✕ 1S51						△ 1S51	
♋			♂ 2S45			♂ 4S26				✕ 0A43	♂ 0S12	☐ 0S50					△ 1S51	△ 4S08					✕ 1S51	
♌	✕ 2A45		△ 0A02	☐ 0A25		☐ 1A42							☐ 2S31									♂ 1A25	♂ 0S52	
♍	♂ 4S53																				♂ 0S55		✕ 0A10	
♎				♂ 3S12			♂ 0S16	♂ 1S34																
♏	△ 2A45		✕ 0A02	∠ 0A25		☐ 1A42							☐ 2S31									♂ 0S52		



Inner Wheel
Casey Donovan 2016
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 Sydney, Australia
 33°S52' 151°E13'
 Geocentric
 Tropical
 Placidus
 True Node

Outer Wheel
Casey Donovan
 Female Chart
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 12:45 pm AEST -10:00
 Sydney, Australia
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 Geocentric
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 True Node

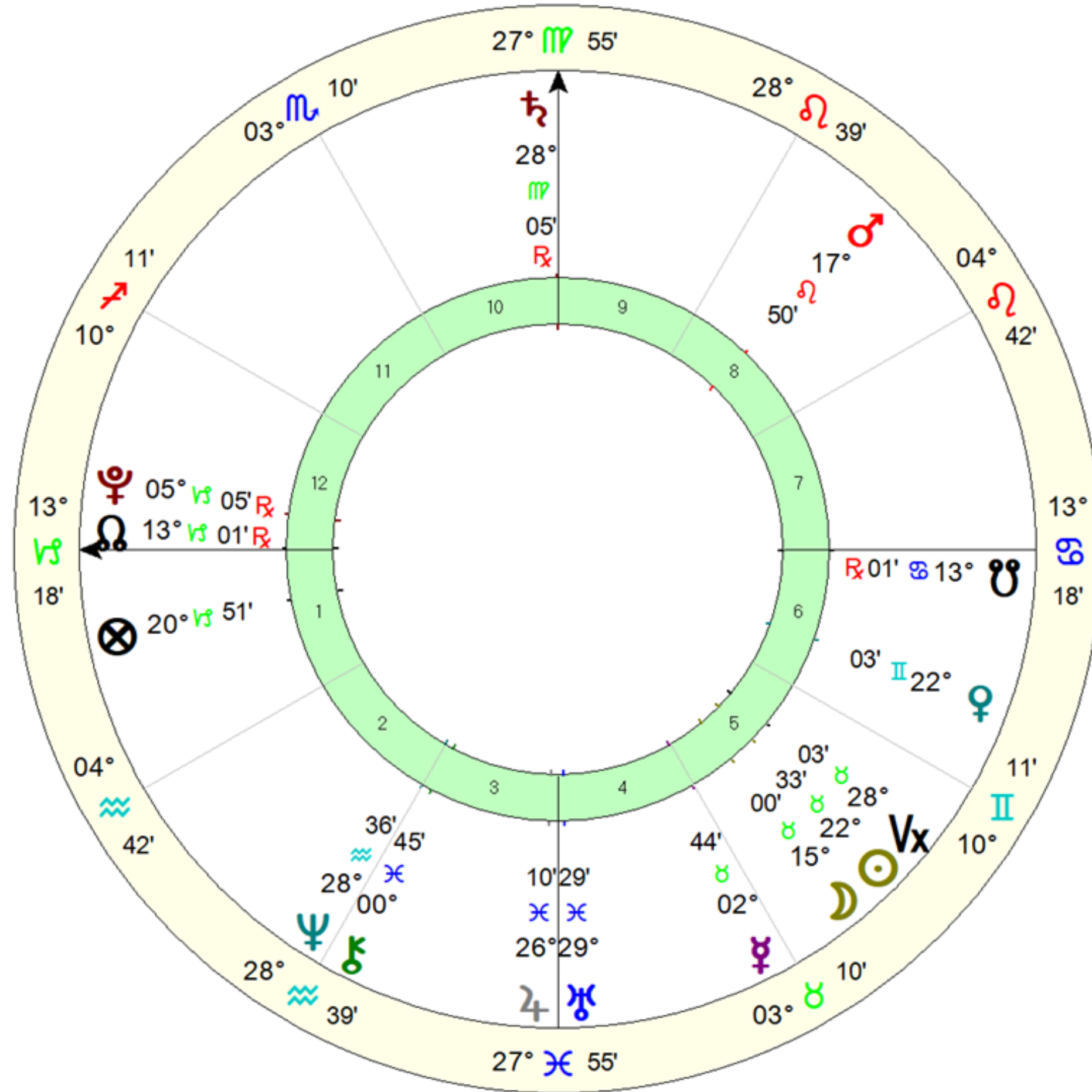


Casey Donovan 2010

Natal Chart

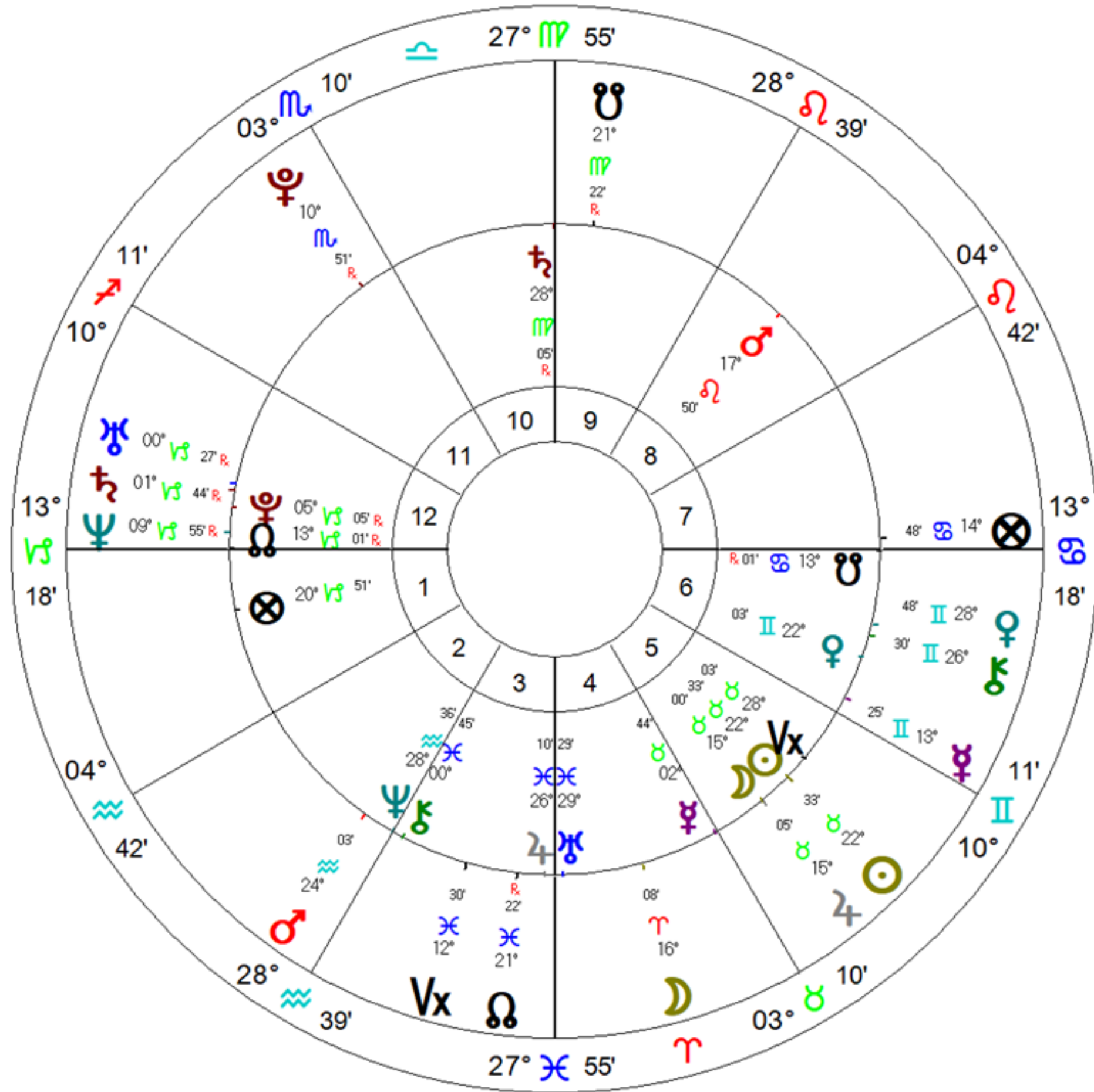
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Geocentric
Tropical
Placidus
True Node
Rating: B



Inner Wheel
Casey Donovan 2010
 Natal Chart
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 Placidus
 True Node

Outer Wheel
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 True Node



Across
Casey Donovan
Female Chart

Synastry Grid

Down
Casey Donovan 2010
Natal Chart

	☾	☼	♀	♂	♄	♃	♆	♅	♁	♂	♁	♃	♁	♁
☾					♂ 0A05			♂ 5S04	♂ 4S08				♂ 2S29	♂ 0S12
☼		♂ 0S00		♂ 1A29									♂ 1S11	♂ 1S11
♀						♂ 1S00	♂ 2S17							
♂				♂ 1A59						♂ 4A26	♂ 0S41	♂ 0S41		
♄	♂ 1S41	♂ 4A42			♂ 2S45									
♃				♂ 2A38		♂ 5A34	♂ 4A16			♂ 0A19	♂ 4S48	♂ 4S48		
♆		♂ 5A31		♂ 0S43		♂ 3S39	♂ 2S22			♂ 1A34				
♅				♂ 0S40		♂ 2A15	♂ 0A57			♂ 2S59				
♁				♂ 0A12	♂ 4S33		♂ 1A50			♂ 2S06				
♁						♂ 3A20	♂ 4A38	♂ 4S50						
♃				♂ 1S56		♂ 0A59	♂ 0S17			♂ 4S14				
♁	♂ 3S07	♂ 0S23			♂ 2S03			♂ 3A05	♂ 2A09				♂ 0A31	♂ 1S46
♃	♂ 3S07				♂ 2S03			♂ 3A05	♂ 2A09				♂ 0A31	♂ 1S46
Vx		♂ 5S29		♂ 3S59										
♁	♂ 4S42	♂ 1A42			♂ 5S45								♂ 0A30	♂ 0A30

Casey Donovan
Solar Return

13 May 2024, Mon (± 1 secs)

5:46:01 am AEST - 10:00

Sydney, Australia

33°S 52° 151°E 13'

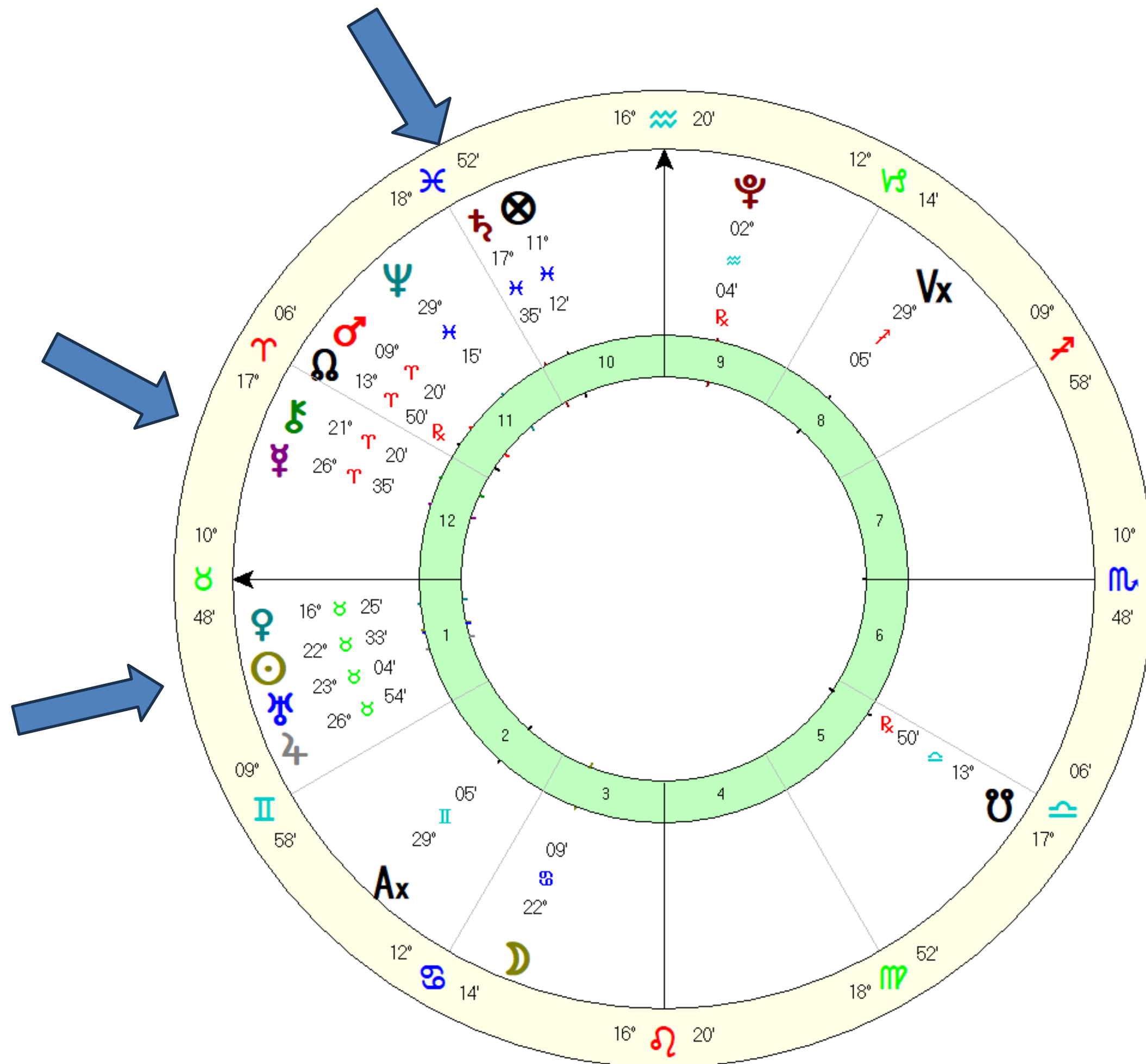
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Tropical

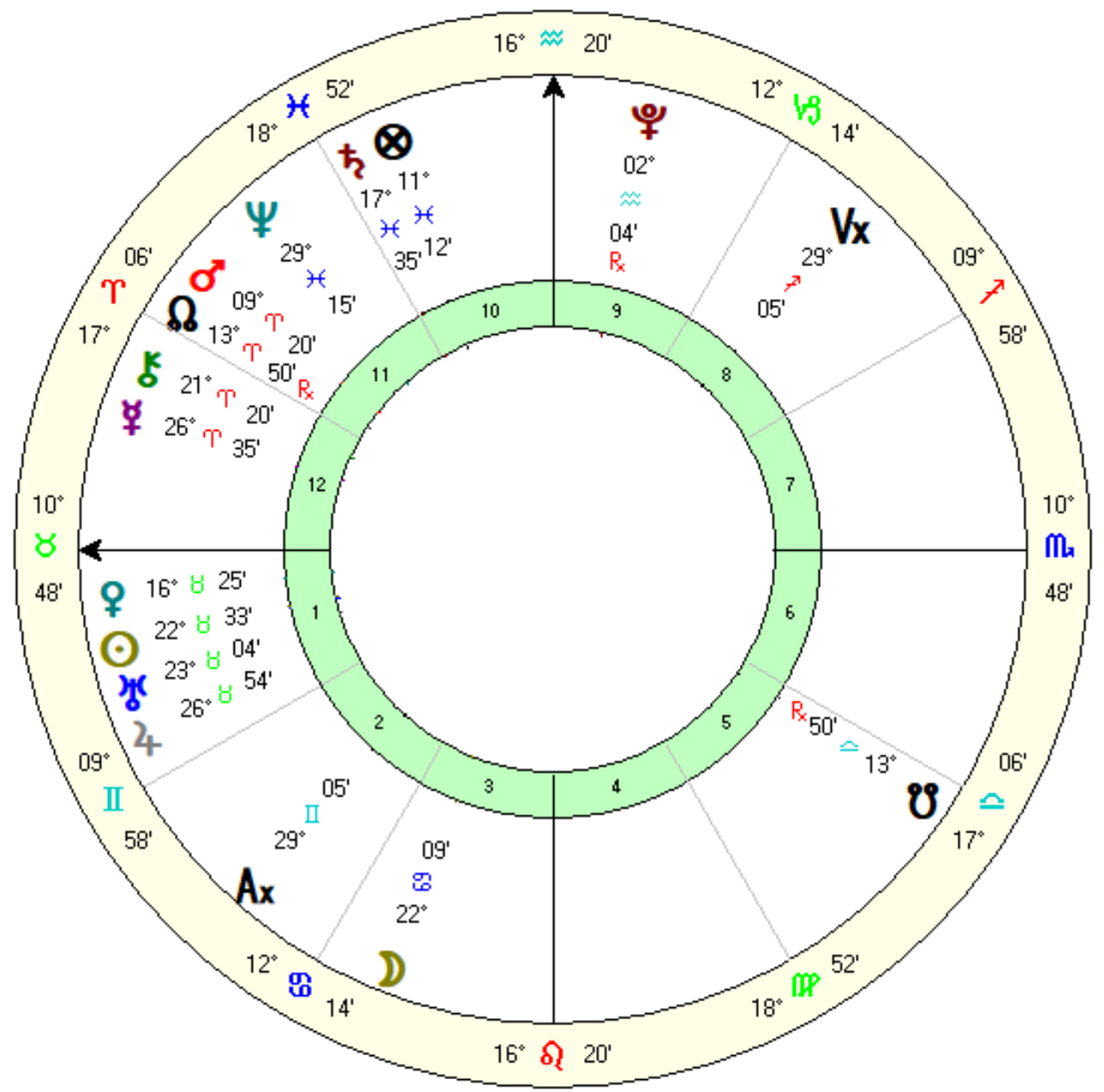
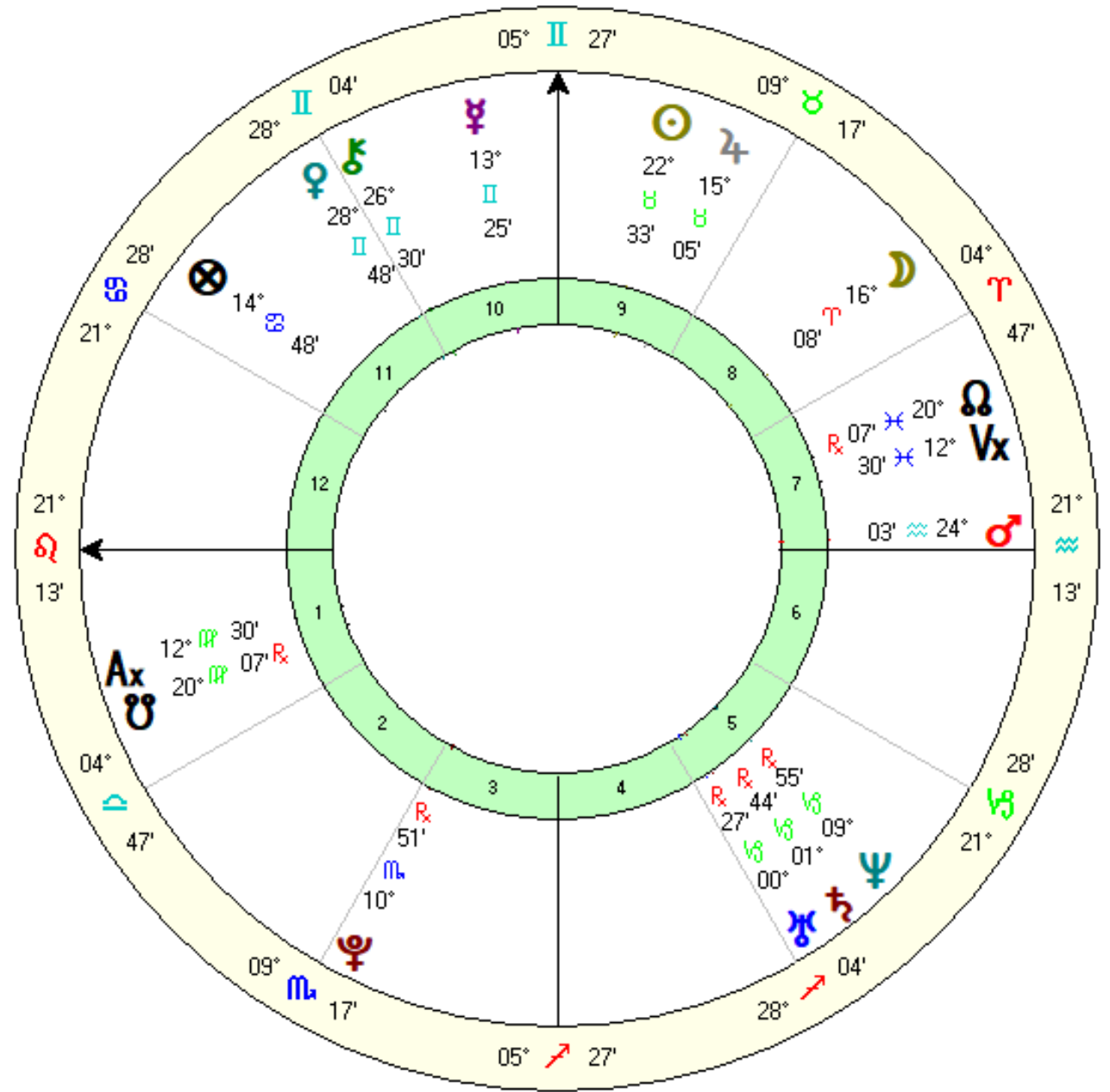
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Inner Wheel

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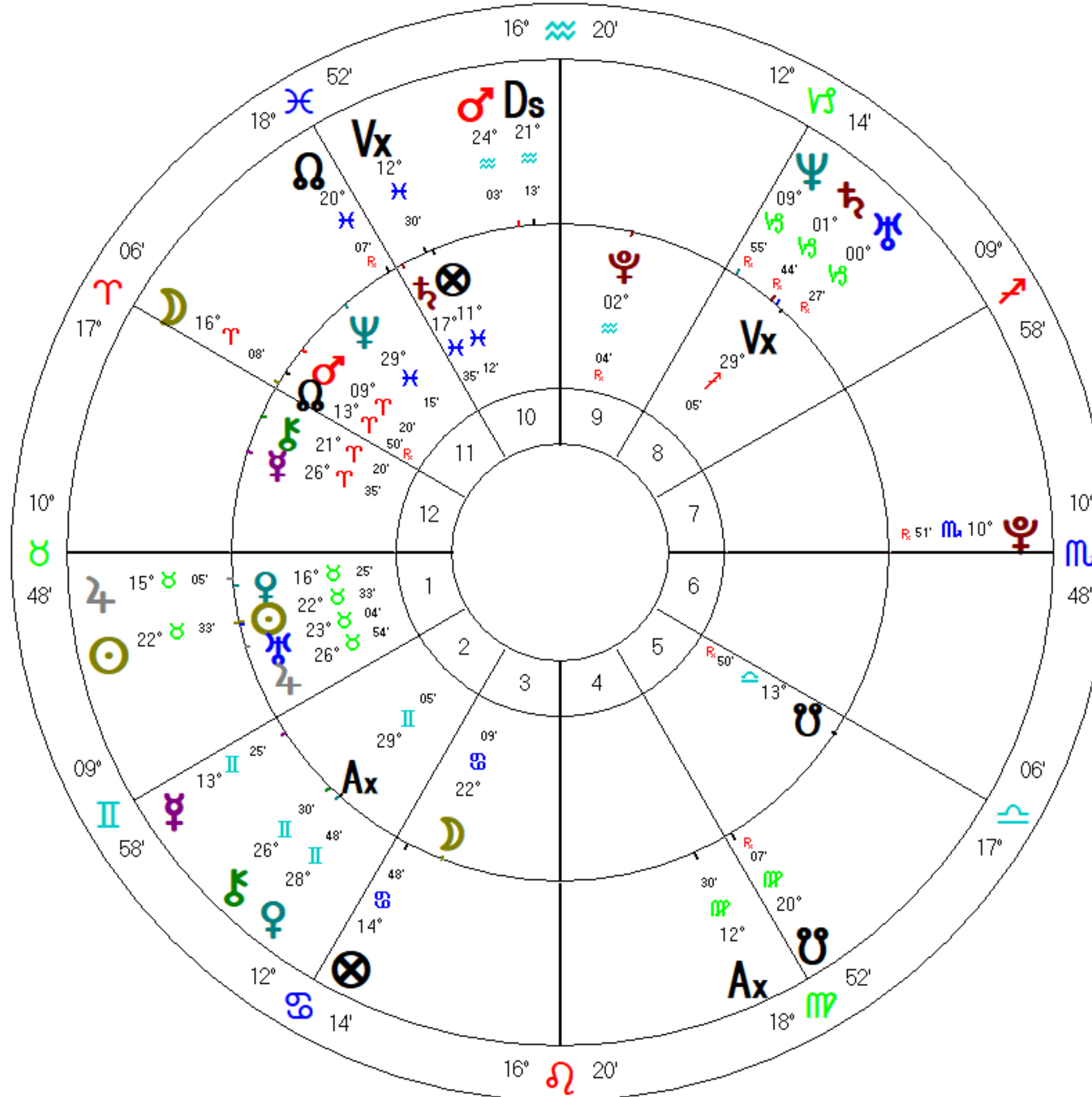
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Mean Node

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Geocentric
Tropical
Placidus
Mean Node





Anita Ings

anitaings@gmail.com