

The image is a composite graphic. At the center is a glowing, golden zodiac wheel with twelve signs and their corresponding symbols. The wheel is surrounded by a dark blue, starry night sky. In the foreground, a pair of hands is shown holding the zodiac wheel from below, while another hand is shown reaching towards it from the right. The overall aesthetic is mystical and celestial.

*Reuniting Medical Astrology with its
Medicinal Sister*

In this Lecture we will discuss how Medical Astrology has its own complimentary Medical system, called Unani Tibb that has been fragmented from the tradition. We often hear about the elements, humors, and temperaments, but rarely is this being rooted back into the robust tradition in which it originated from. When we reunite Medical Astrology with Unani Tibb we can access greater clarity and proper context in order to better serve others and ourselves.

The information contained in this video is not to be relied upon on as a substitute for, nor does it replace, professional medical advice, diagnosis, or treatment. If you have any concerns or questions about your health, you should always consult with a physician or other health-care professional. Do not disregard, avoid or delay obtaining medical or health related advice from your physician or health-care professional because of something you may have learned in this video. None of the statements made in the video have been evaluated by any physicians or health-care professionals. Nothing stated or posted on this video is intended to be, and must not be taken to be, the practice of medical or counseling care. The use of any information contained in this video is solely at your own risk.

About Me

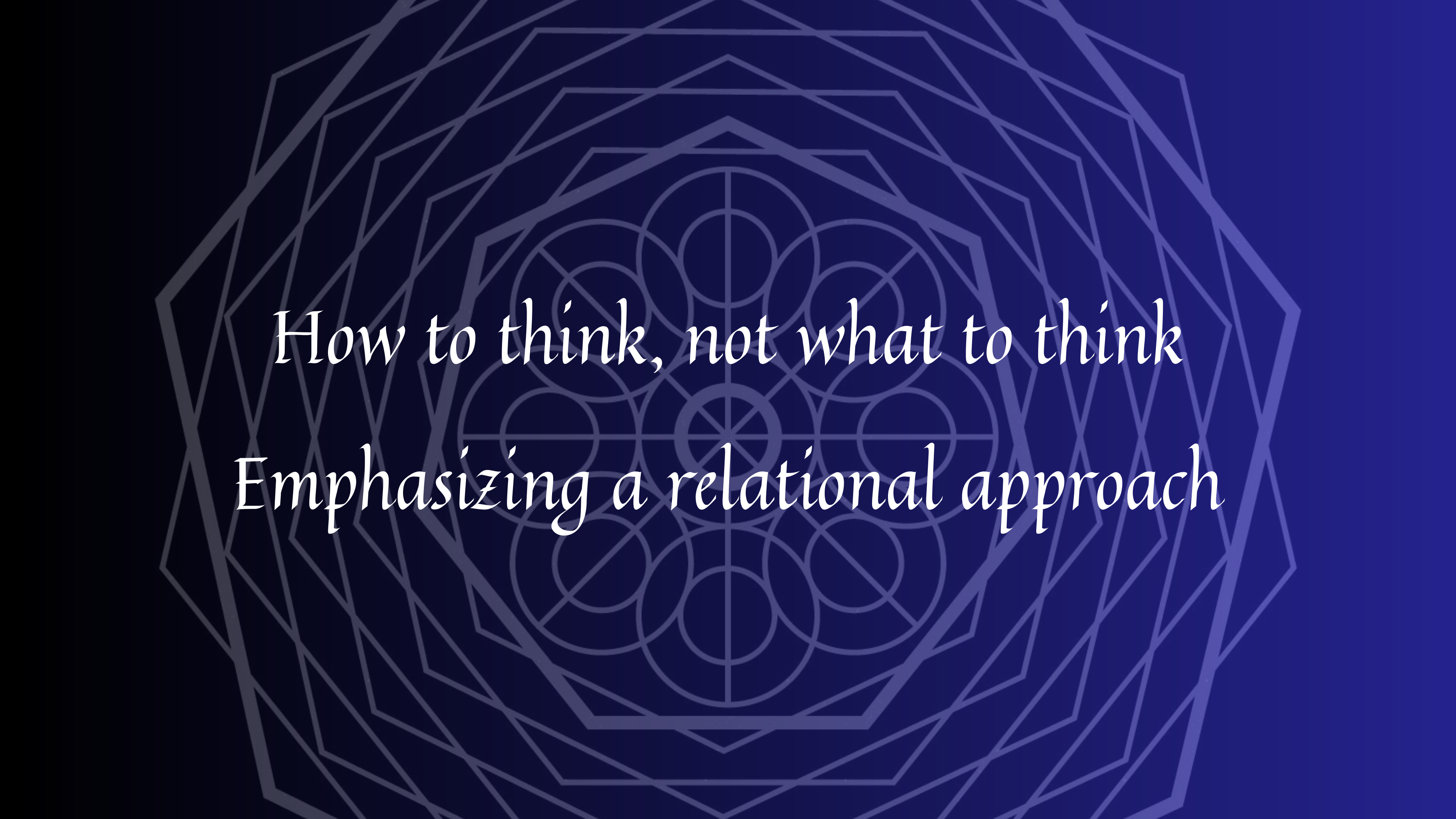


- Degree in Health & Sports Science
- Degree in Psychology
- Alchemy
- Herbalism
- Medical Astrology
- Evolutionary Astrology
- "Traditional" Astrology
- Astrological Magic
- Movement
- Ayurveda
- Yoga
- Unani Tibb
- Taoist herbalism

Curriculum for this class

The fragmentation of Medical Astrology from its
Medicine system

Theory of health & disease in Unani Tibb



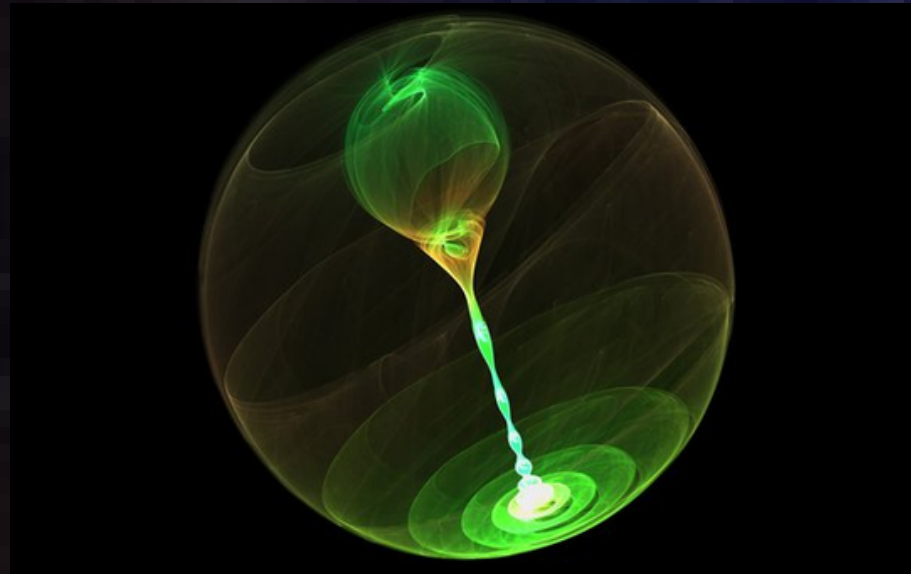
How to think, not what to think
Emphasizing a relational approach

A top-down view of a diverse group of people's hands of various skin tones and ages, all reaching towards and holding a central globe of the Earth. The hands are arranged in a circular pattern around the globe, symbolizing global unity and collective responsibility. The background is a soft, blue-tinted gradient.

*Synthesizing traditions with integrity &
intellectual honesty*

Returning Medical Astrology its context(s)

Astrology as a hermetic science & art



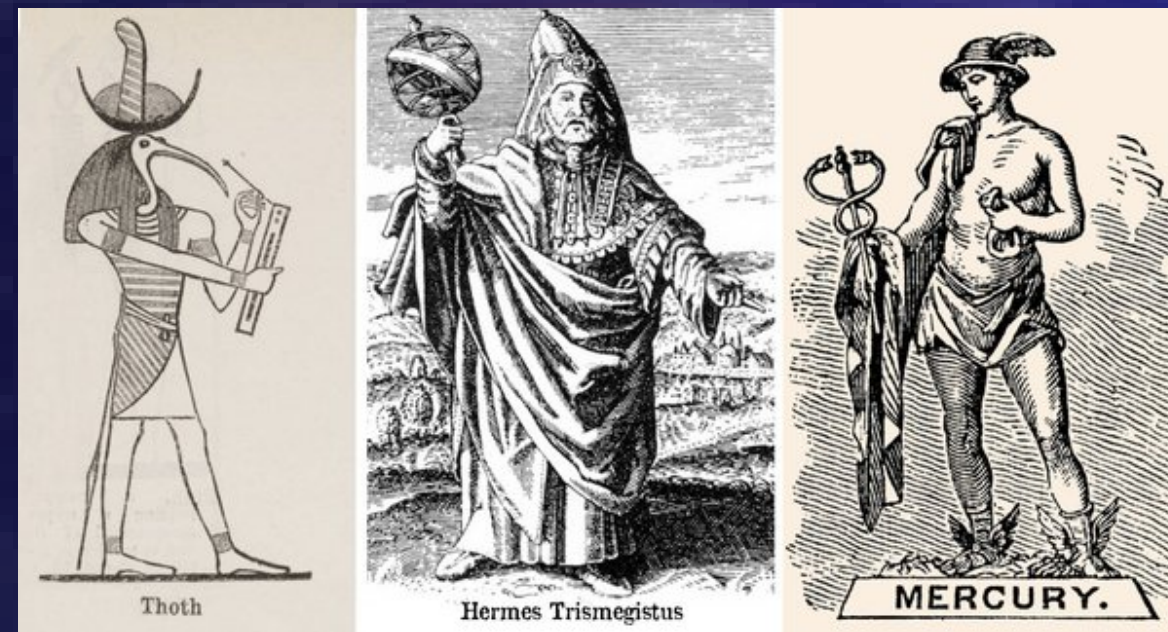
Magic & Divination



Astrology



Medicine



Alchemy

What is the “Medical” in Medical astrology

Unani–Tibb

*“Mesopotamian–African–Greek–
Arabic–Persian–Syrian–Indian”*

Simplified Timeline of the Unani Tibb Tradition

King Hammurabi

Imhotep

Asclepius

Hippocrates

Galen

Al-Razi

Ibn Sina ("Avicenna")

Pre-requisites often overlooked

“Natural components of things”

&

6 Necessary factors

Vision of reality (Ontology) & Methods of knowing (Epistemology)

Gives acknowledgement that reality is created by a Benevolent Creator

(Allah/God)

The creator

Spiritual layer

Subtle layer

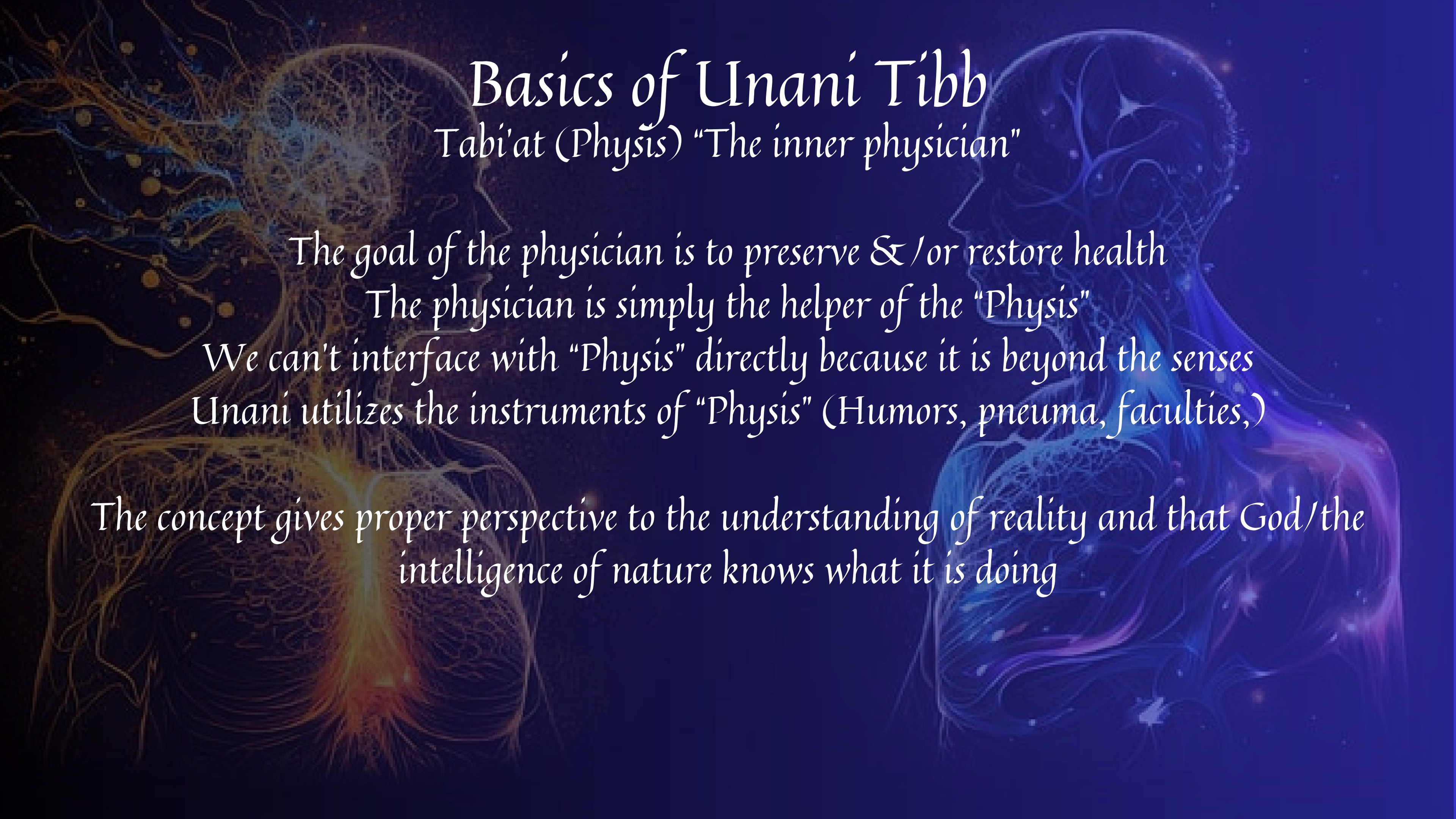
Material layer

Methods of knowing (Epistemology)

Intuition & Logic united

Glancing towards Unani Tibb

- Has permanent laws of healing (Utilization of temperaments)
- 5,000 year track record
- The principles unwaveringly adapt with the times due to the way in which they describe the nature of things (Qualities > classification)
- Utilizes the law of antipathy (Treatment by contrary qualities)
- Health promotion, disease prevention & treatment are all important



Basics of Unani Tibb

Tabi'at (Physis) "The inner physician"

The goal of the physician is to preserve & /or restore health

The physician is simply the helper of the "Physis"

We can't interface with "Physis" directly because it is beyond the senses
Unani utilizes the instruments of "Physis" (Humors, pneuma, faculties,)

The concept gives proper perspective to the understanding of reality and that God/the
intelligence of nature knows what it is doing

Prevention/ Preservation is greater than curing



Neutral components of things (Elements, Temperament, Humors, Organs, Pneuma (not spiritual version), Faculties ("powers"), Function)

6 Necessary factors (Ambient air, Food & drink, Motion & rest of the body, Motion & rest of the psyche, Sleep & wakefulness, Evacuation & retention)

Umorr e Tabi'ya (Neutral components of things)

Elements

Temperament

Humors

Organs

Pneuma (not spiritual version)

Faculties ("powers")

Function

The Elements (Arkan)

Naar (Fire): The role it plays in the construction of things is to mature, refine and intermingle with all things.

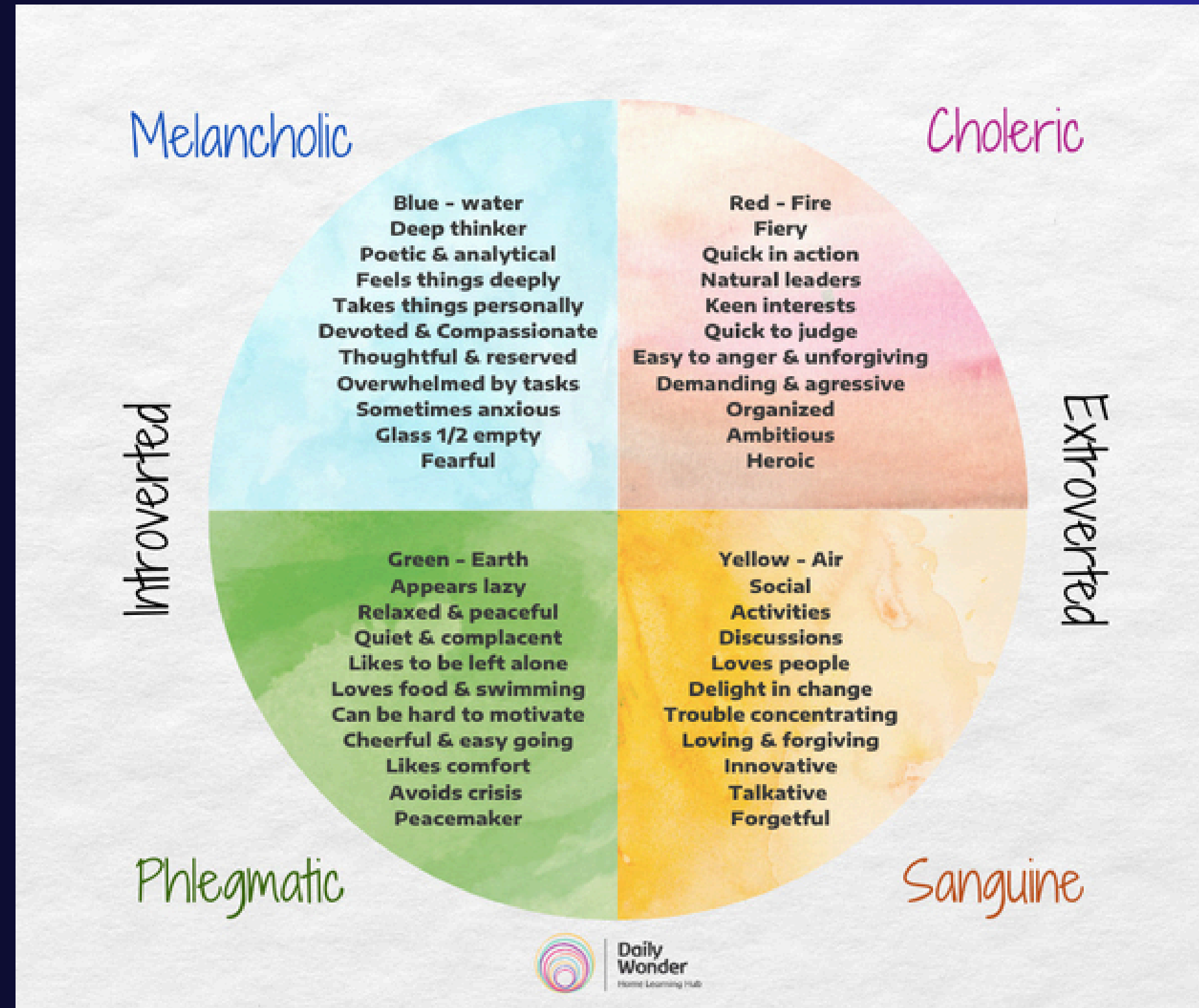
- *Hawa (Air): Its effect and value in (the world of) creation is to make things finer, lighter, more delicate, softer and better able to move.*
- *Ma' (Water): it lends itself readily to dispersion and consequently assumes any non-permanent shape.*
 - *Ard (Earth): to fix and hold the being together into a compacted form.*

The Elements (Arkan)

The Elements in the cosmology of medical astrology places the zodiacal sphere

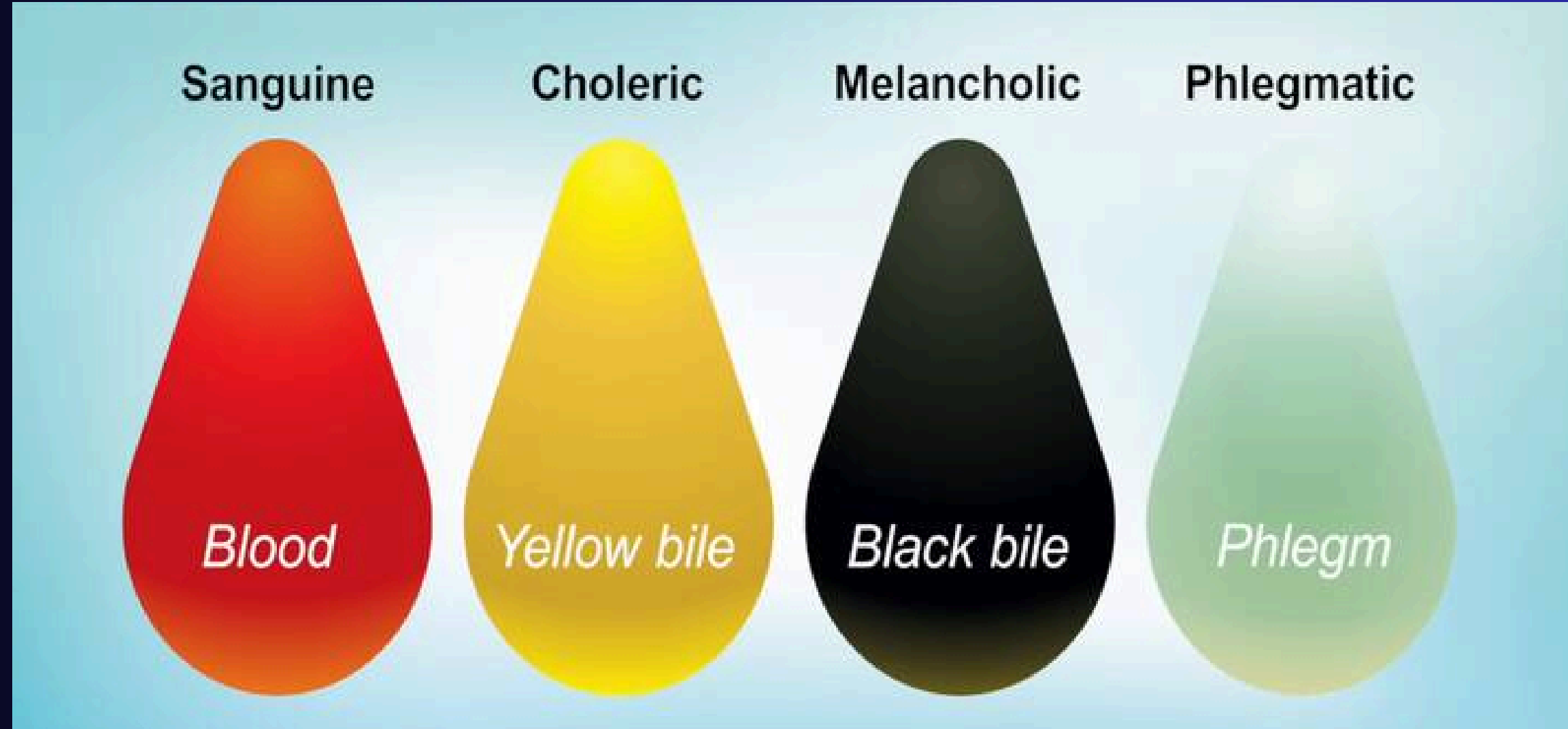
Temperament (Mizaj)

Mizaj- Meaning to intermix



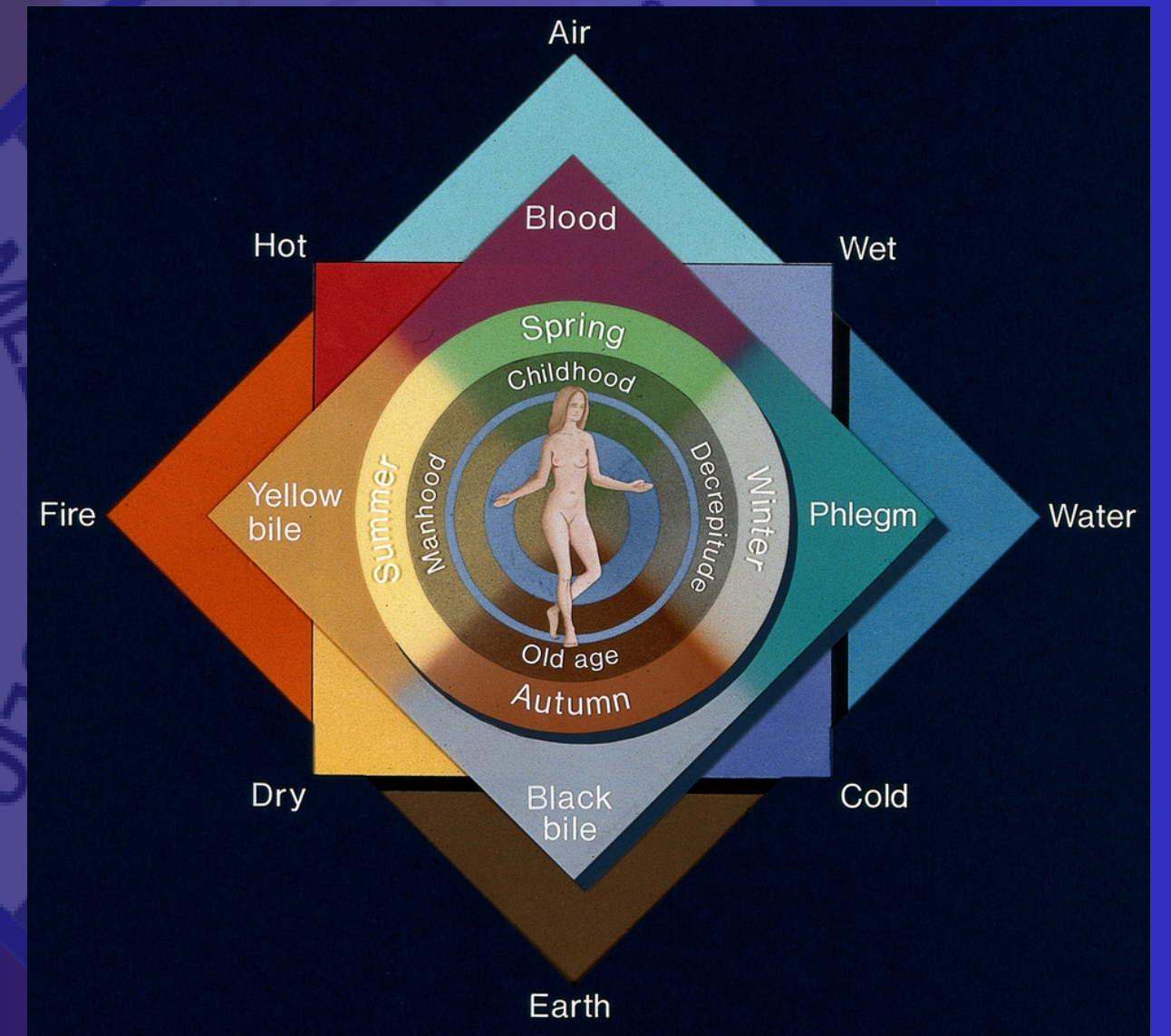
Humors (Akhlāt)

Humors are the Elements of Living Things



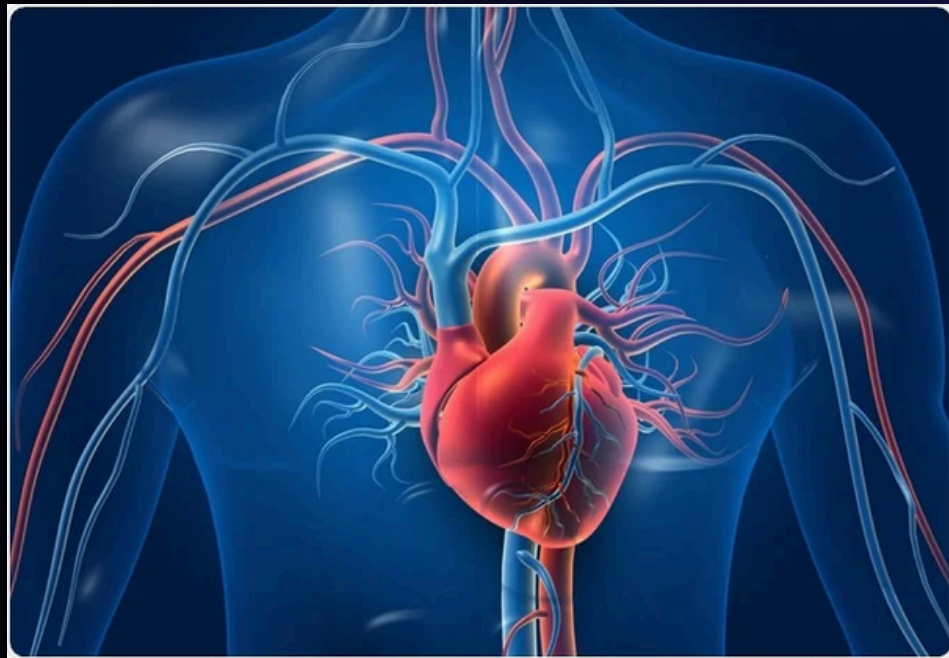
Elements, Temperaments, & The Humors

- Fire- Choleric- Yellow Bile- Hot & Dry
- Air- Sanguine- Blood- Hot & Wet
- Water- Phlegmatic- Phlegm- Cold & Wet
- Earth- Melancholic- Black Bile- Cold & Dry



Organs & Systems (Aza)

Main organs in Unani



Heart



Brain



Liver

Organs & Systems (Aza)

The planets & organs

Saturn- Spleen, bones, teeth

Jupiter- Liver, lungs, ribs & obliques, veins

Mars- Gallbladder

Sun- Heart & arteries

Venus- Sexual organs, Kidneys, throat, breast

Mercury- Brain (rational part), the tongue,
hands, feet, Motor function skills

Moon- The brain itself, stomach, bowels,
bladder

Temperament of the Organs

Made from the gross components of the humors

- *Hot Organs : Heart → Liver → Muscle*
- *Cold Organs: Bone → Cartilage → Nerves → Spinal Cord → Brain*
 - *Wet Organs: Fat → Glands → Brain → Spinal Cord*
 - *Dry Organs: Hairs → Bone → Cartilage → Ligaments*

Vital spirit/Pneuma/Ruh (Arwah)

Made from the subtle components of the humors

Vital spirit– Innate Heat & Radical Moisture

Psychic Spirit– Higher functions, sensations, & Motions

Natural Spirit– Nutrition, growth, (Reproduction)

Vital spirit/Pneuma/Ruh (Arwah)

Vital spirit- Innate Heat & Radical Moisture

Sun

Moon



Vital spirit/Pneuma/Ruh (Arwah)

Psychic Spirit- Higher functions, sensations, & Motions



Moon

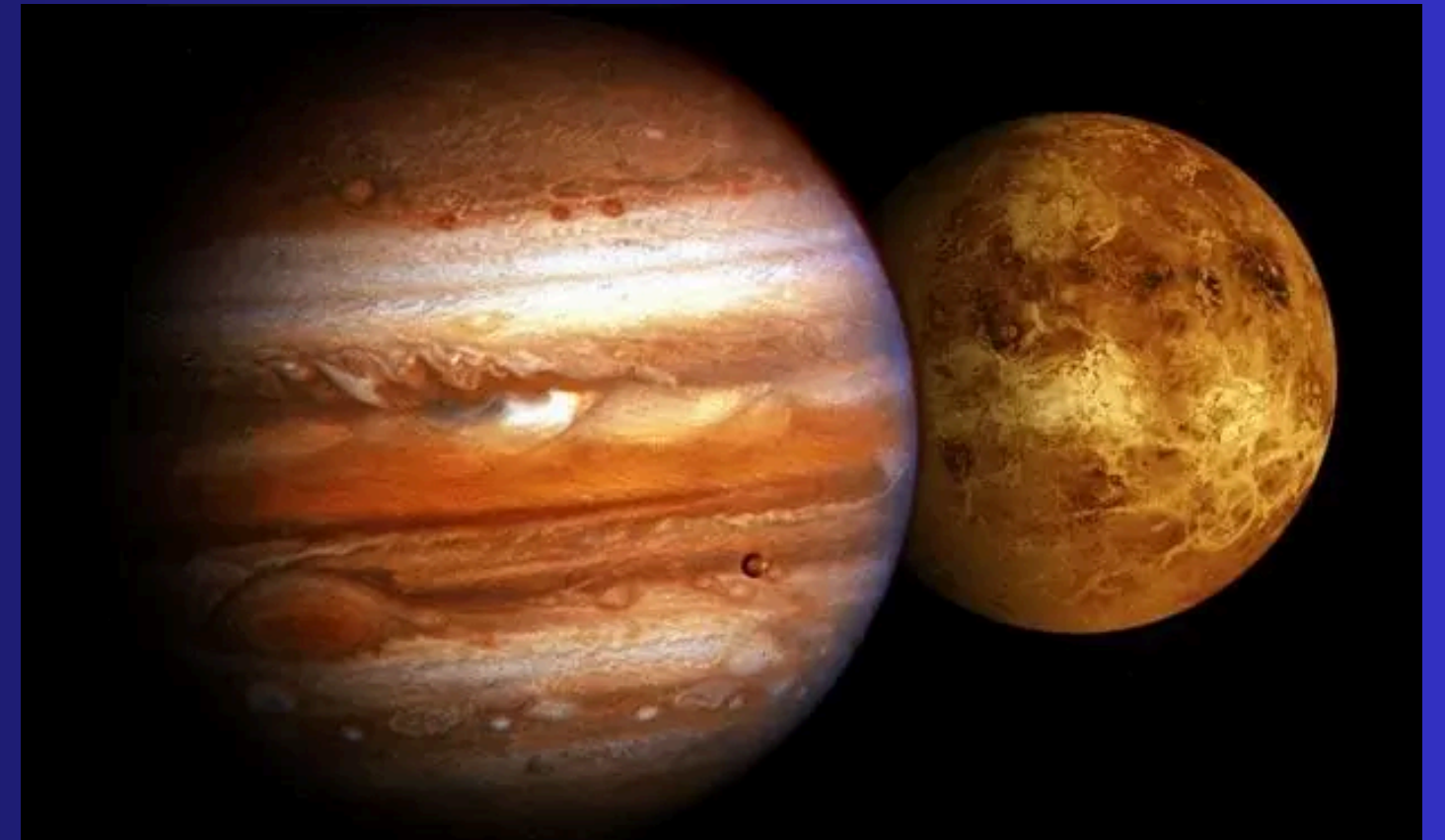
Mercury

Vital spirit/Pneuma/Ruh (Arwah)

Natural Spirit- Nutrition, growth, (Reproduction)

Jupiter

Venus



Faculties or powers (Quwa)

They are Supra-material Physiological Powers that run Living Things

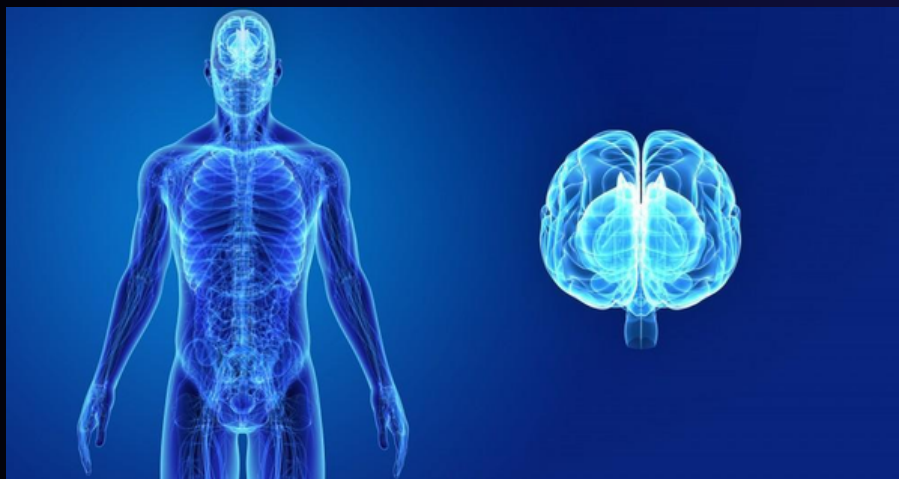
- Vital (Life: Circulation, Respiration, Energy, Metabolism)
- Psychic (Nervine) (Higher Functions, Sensations & Movement),
 - Natural (Nutrition, Growth); Generative (Reproduction)
- They are upheld & distributed in Body through 3 Pneuma

Faculties ("powers" / engine) & Functions

They are the effect of the faculties



- Vital functions are all indispensable
- Psychic functions include Internal & External sensory functions
- Natural functions includes all things that the body needs to continue with nourishing itself



Faculties ("powers" / engine) & Functions

They are the effect of the faculties

- *Psychic functions include Internal & External sensory functions*

Internal– Sense function, Imagination function, Imagination with interpretation function, memory function, & Modification function

External– Sight, smell, taste, hearing, touch

Faculties ("powers"/engine) & Functions

They are the effect of the faculties

- *Natural functions includes all things that all the body to continue with Nourishing*

Absorption– Mars

Retention– Saturn

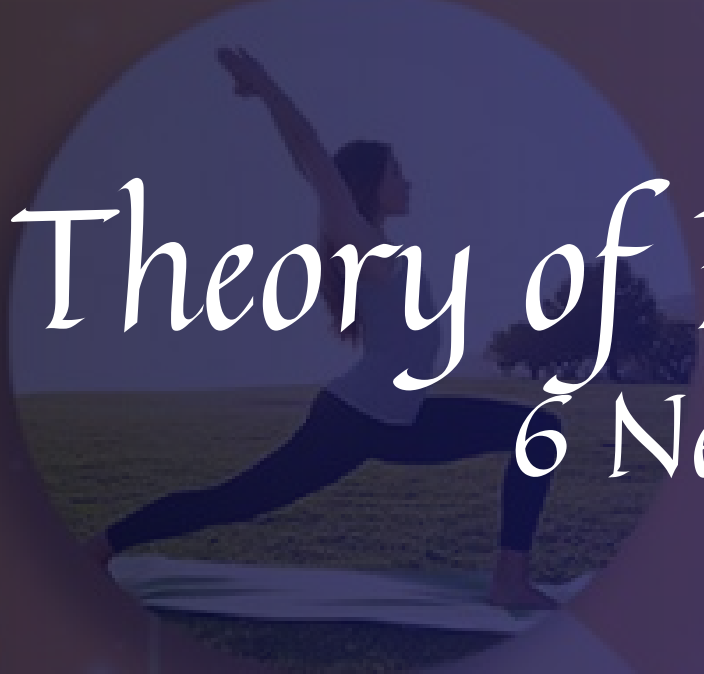
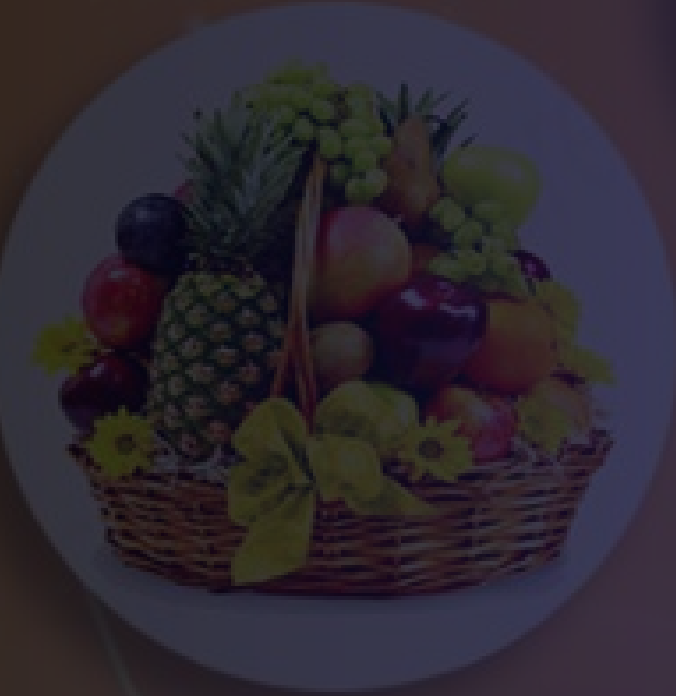
Digestion– Juiiter

Expulsion– Venus/Moon

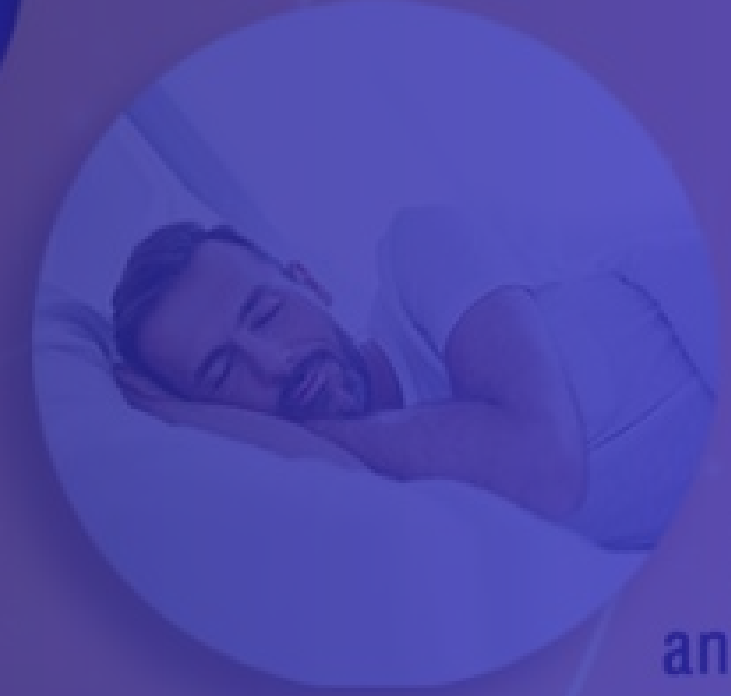
Theory of Health & Disease

6 Necessary factors

Food and
Drinks



Sleep and
Wakefulness



Evacuation
and Combustion



Ambient air

Food & drink

Motion & rest of the body

Motion & rest of the psyche

Sleep & wakefulness

Evacuation & retention

Air



Ambient air

Be mindful that these are principles & not every environment is going to mirror a boxed in way of being.

Seasonal qualities: Spring= Sanguine; Summer=Choleric; Autumn= Melancholic;
Winter=Phlegmatic

Celestial weather- Considering the "atmosphere" the planetary forces are creating
Localized ecosystem (Of origin & current)- Do you live on the beach, mountains, deserts,
deltas, forest, high or low elevation, etc.

Direction of the wind- Northern winds= Cold & Dry, Southern winds= Hot & Wet;
Eastern winds= Hot & dry, but become cold & wet at night; Western winds tend to be
Cold & Wet

Food & drink

1. *Water the type of water being drank; ex. Spring, rainwater, marsh water, glacier water, turbid, mineral, distilled, iron or copper water, etc*
2. *Temperature of water- Cold water used for diarrhea, hot water for constipation*
3. *Beverages, qualities & temperature*
4. *Diet- Does it thin humors? Does it thicken humors, Is it moderate in humor production?*

ACTIVITY

REST

Motion & rest of the body



Motion & rest of the body

Factors to consider & understand with Bodily Movements

- *Strength utilized*
- *Duration*
- *Speed & amount of pause*
- *Type specific considerations– Swimming, working in heat or cold*

Understanding these factors allows us to intelligently work with ourselves as well as others to bring clear approaches of resolving issues through movement/exercise/working out/etc

Motion & rest of the body

Factors to consider & understand with rest & repose

- *Rest is of a cooling & moist nature*
- *Rest inhibits the innate heat from evacuating morbid matter*
- *Prevents evacuation in excess*
- *Allows for moisture retention*

Motion & rest of the psyche

Sleep & wakefulness

Has the 1st phase of digestion taken place prior to sleep?

Is the stomach void of nourishment during sleep?

Sleep inhibits dispersion of innate heat

Refreshes the brain & the senses

Excess sleep creates excess moisture

Are walks taken prior to sleep?

Insomnia dries the brain & body, which leads to coldness & dryness

Evacuation & retention

- *Urine, feces, sweat, transpiration through the skin (insensible perspiration), menstrual blood, & semen*
- *Is retention an issue due to poor expulsion or strong retention??*
- *Is the environment co-creating evacuation issues?*

An Approach to Astrological Medicine Treatment

- *Environmental changes that creates support to health*
- *Diet should always be a part of the treatment*
- *If not possible, the utilization of single drug should be administered*
- *If not possible, formulations are to be utilized*
next



“Regimental therapies”

*Cupping, Massage, Physical Exercise, Leeching, Venesection,
Purgation, Emesis, Diuresis, Enema, Diaphoresis, Expectorations,
Counter Irritation, Sitz Bath, Concoctive and Purgative,
Psychiatric Treatment,*

How to Find Me

Use Code: FAA25 for 25% off any session

Website



Instagram





Credits due

My ancestors
The light of nature
Unani Tibb Medicine
Astrological ancestors
Vedic wisdom
“Makulu” Gogo Thule Star Mother
Norma de Jesus
Sajah Popham
Judith Hill
Austin Coppack
Ali A Olomi
Liana Saif
Mychal A. Bryan