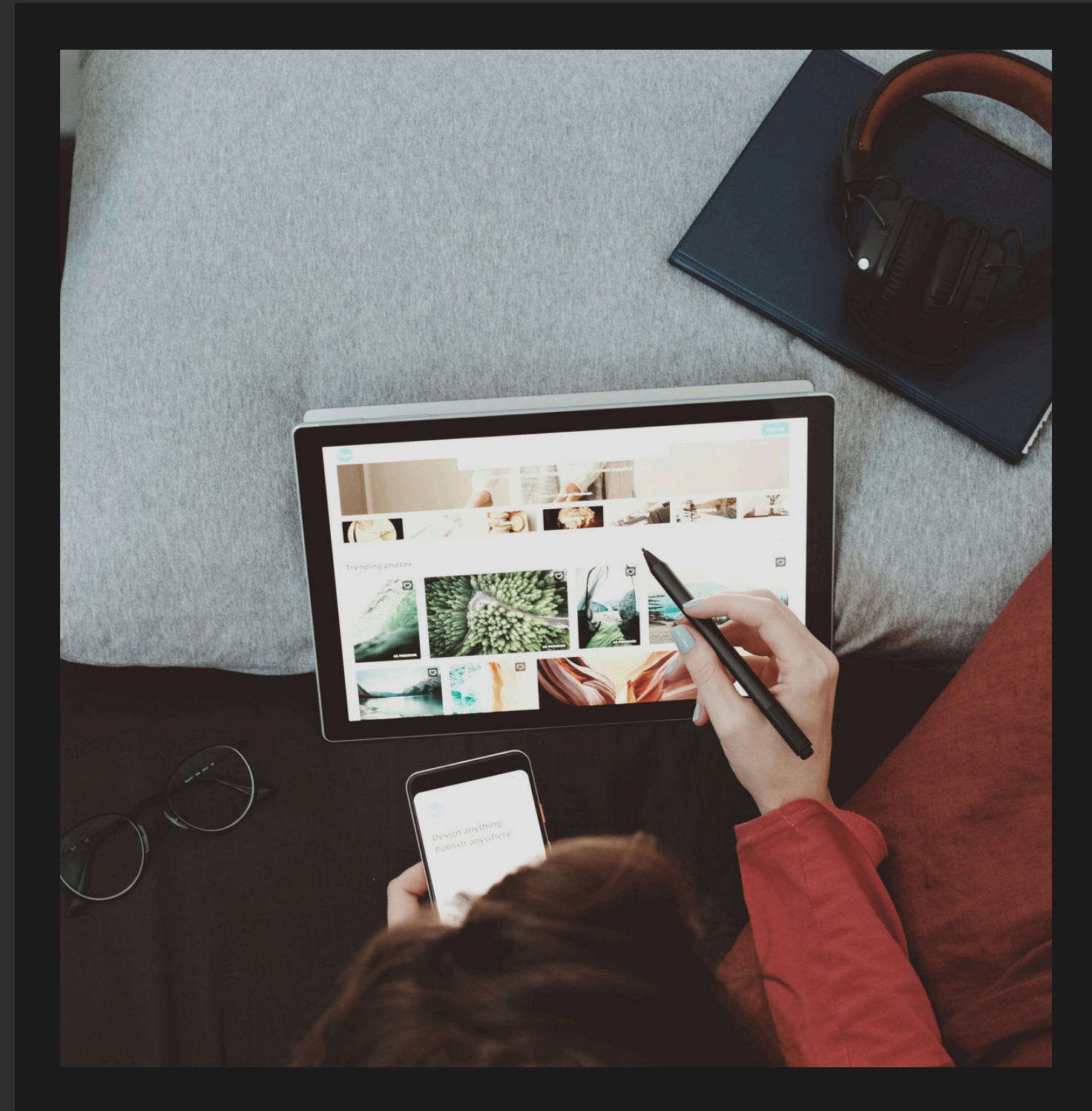


**Feeling Pluto:
Exploring the Sensory Experience of
Astrological Transformation**

Stormie Grace

Where We Are Going

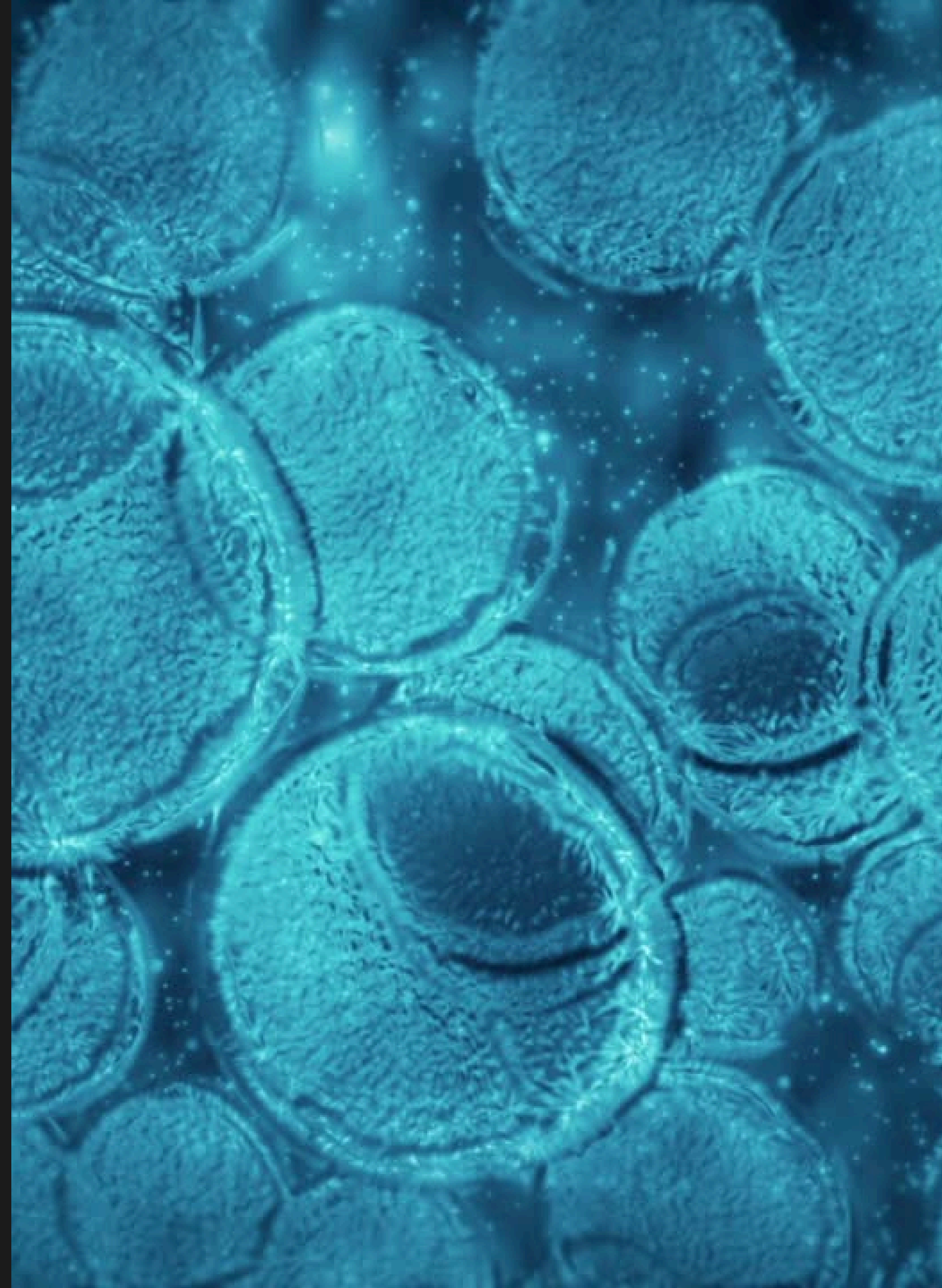
- Why Pluto is both feared and revered in astrology.
- Invitation to explore Pluto's transformative power through sensory experiences.



"You cannot truly live unless you are willing to die. Every step forward requires leaving something behind."

— Paulo Coelho

Let's Talk Science and Cells



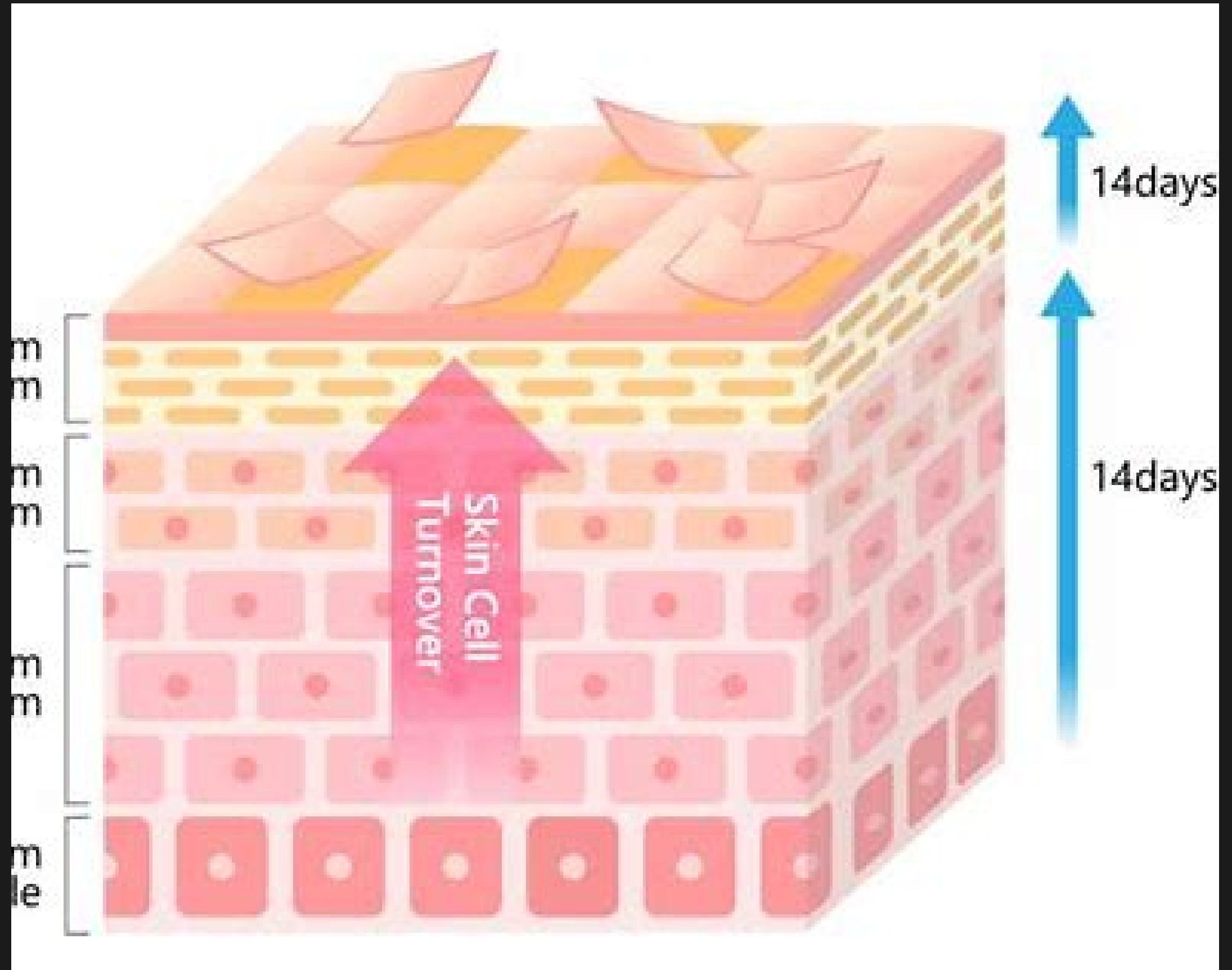
Neural Pruning

During childhood and adolescence, the brain undergoes neural pruning, where unused synaptic connections are eliminated to make the brain more efficient.



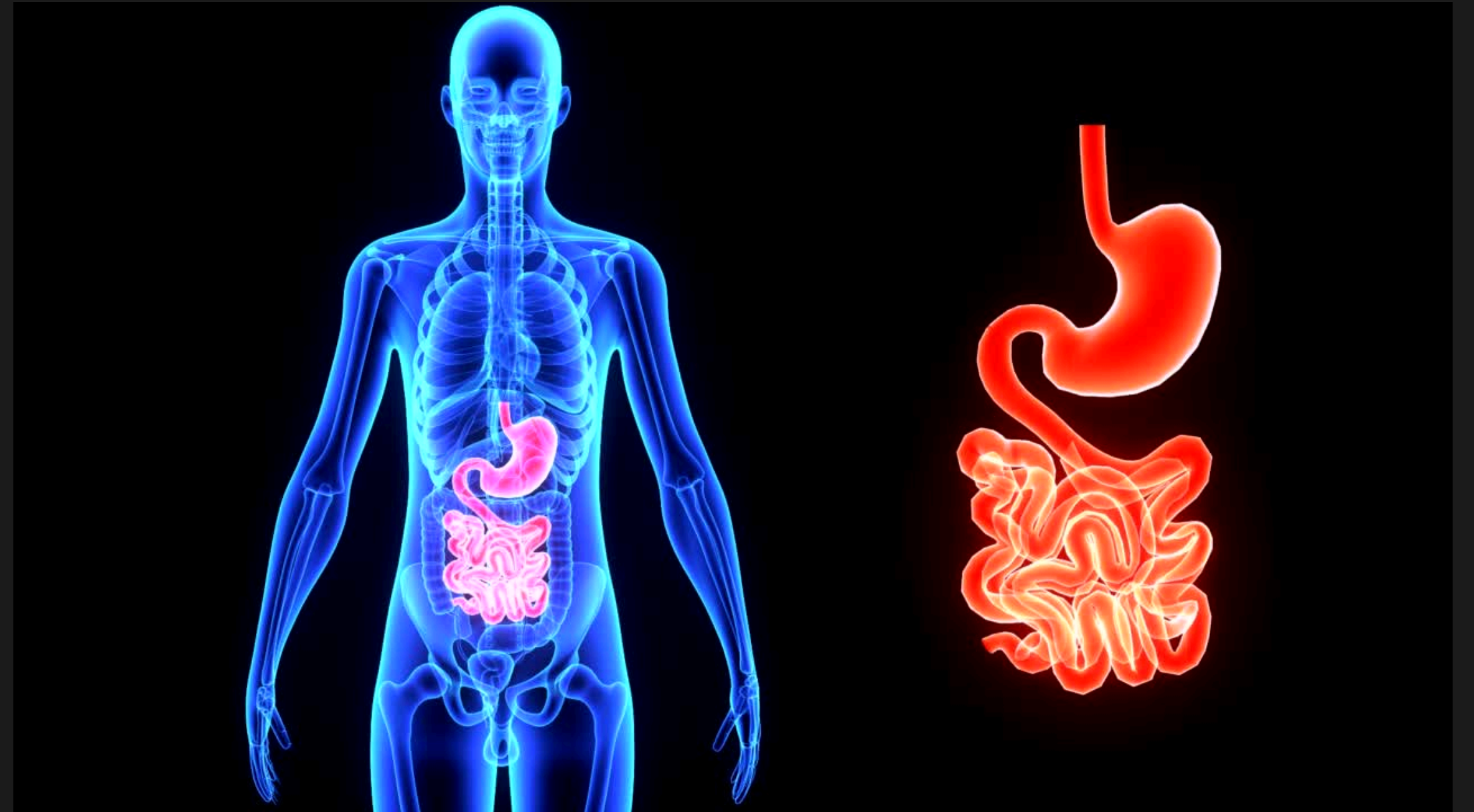
Cellular Regeneration: Shedding Skin Cells

- The human body sheds approximately 30,000 to 40,000 skin cells every minute, amounting to nearly 9 pounds of skin cells per year. These dead skin cells are replaced by new cells generated in the deeper layers of the epidermis.



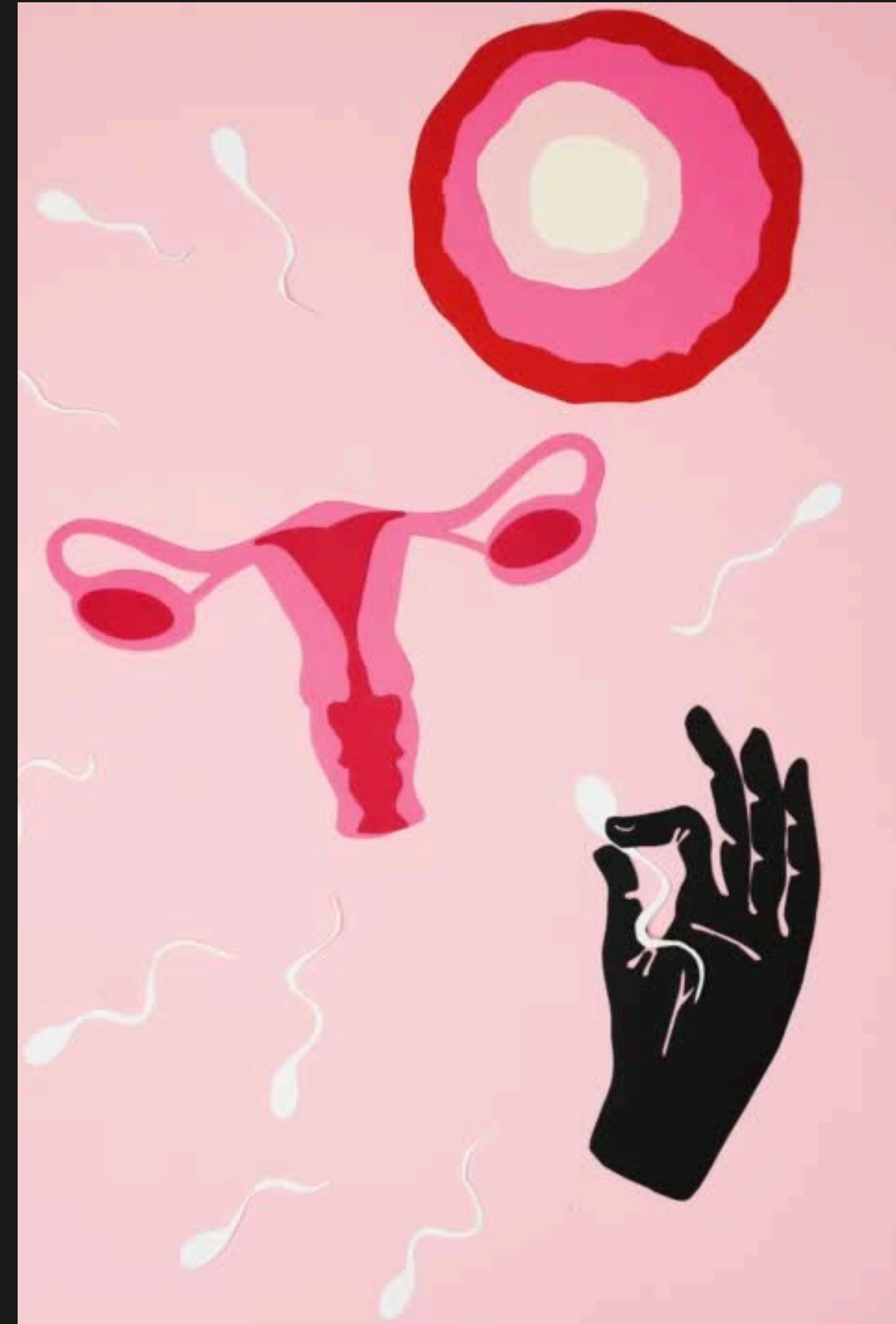
Gut Lining Renewal

The lining of the gut (intestinal epithelium) sheds and regenerates itself approximately every 2 to 5 days. This rapid turnover protects the body from harmful substances and ensures nutrient absorption.



The Menstrual Cycle

Each month, the uterine lining builds up in preparation for pregnancy. If fertilization doesn't occur, the lining is shed during menstruation, allowing for a new cycle to begin.



Orgasms

Physical and emotional tension increases as blood flow intensifies in the genitals, heart rate rises, and the body prepares for release. This process requires focus, energy, and engagement of deep, primal instincts.



Moana (Disney, 2016)

Moana undergoes a spiritual and emotional rebirth as she embraces her role as a wayfinder. The island goddess Te Fiti's transformation from a destructive lava monster back to a life-giving deity mirrors the death-and-rebirth cycle.

Key Moment: Moana restores the heart of Te Fiti, symbolizing renewal and the return of harmony.



Tā Fiti, the goddess of life, becomes Te Kā, a fiery and destructive lava demon, after Maui steals her heart (the source of her creation and power)



Then There's Rebirth

The Lion King (Disney, 1994)

Simba experiences a metaphorical death of innocence and identity after his father's death and his exile. His journey back to reclaim his place as king symbolizes rebirth and embracing responsibility.

Key Moment: Simba's transformation after seeing his father's spirit reminds him who he truly is.



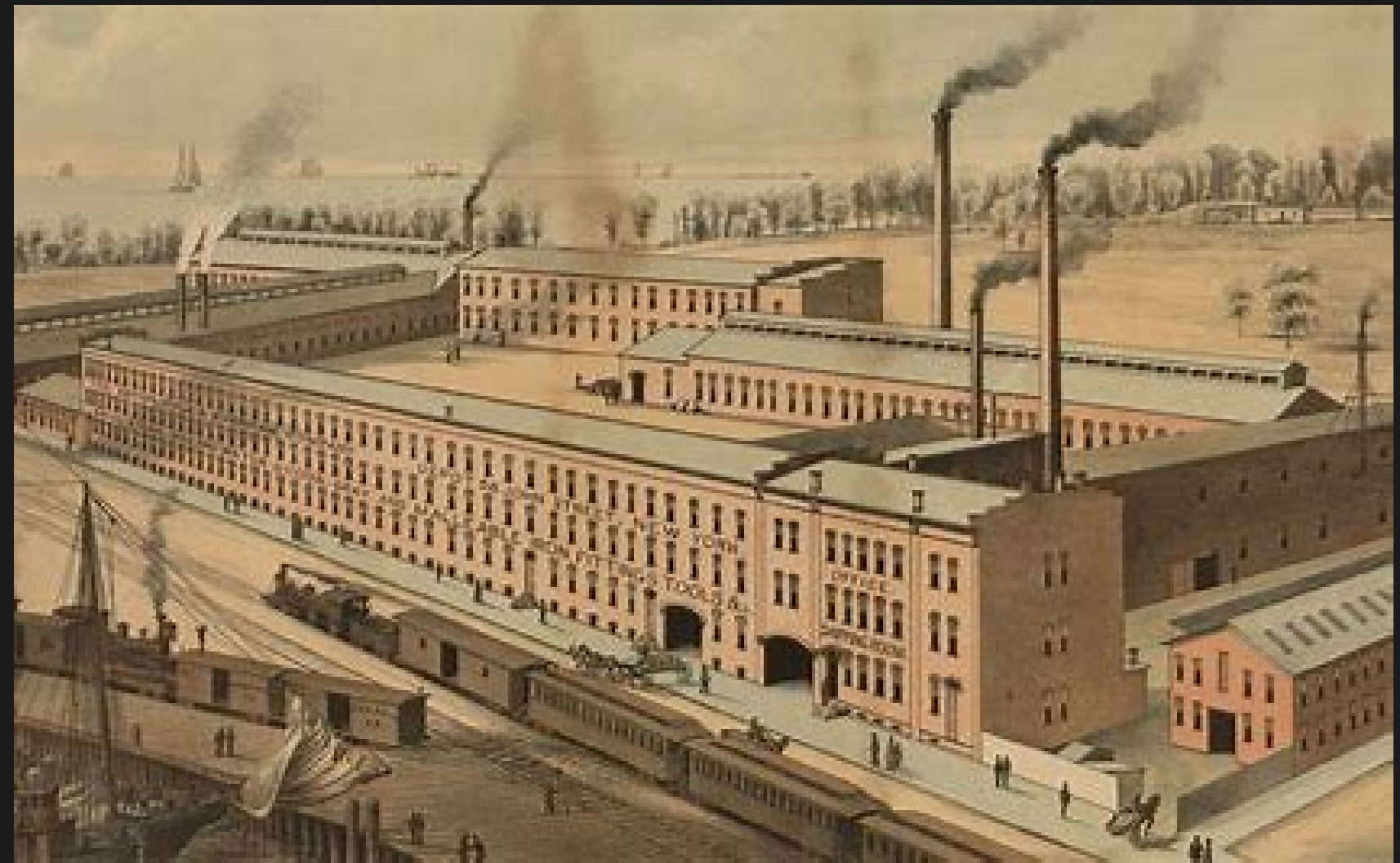
Simba's journey is catalyzed by a traumatic loss: Mufasa's death, orchestrated by Scar.

Consumed by guilt and fear (believing he caused his father's death), Simba flees his home and his destiny. His exile represents a symbolic death of his identity as the future king.



Then There's Rebirth

Industrial Revolution
(Pluto in Capricorn and Aquarius,
1762–1798)



Current Cycle: Digital Revolution
(Pluto in Capricorn and Aquarius,
2008–2044)



Thank you for journeying with me today. May you leave feeling inspired to embrace life's transformations, knowing that every ending holds the seed of a powerful new beginning.

Stormie Grace



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